



Case Study

Level 1 Accredited!

Staff at vietec dusted off their trainers and walking boots in a bid to get up, move, be less sedentary and be more motivated.

Working towards their Level 1 Worcestershire Works Well Accreditation, the team at vietec decided to promote health and wellbeing in the workplace by competing in teams in a step count challenge for #Walkthismay - a campaign organized throughout the month of May to encourage people to get outside and get some more steps in! This is a fantastic opportunity for businesses to work together as a team.

As part of this campaign, the team organised a special day out when they met up for the first time after lockdown when restrictions were lifted. They had the option to either walk or go by water for the 20km trip. Some went by barge, some walked!

Phil Drew, Managing Director at vietec said "It was good to see the team join in with the WWW accreditation. Our company day out gave us the ability to wind down as a group and was a great success and hope we can continue to do more as a team. We owe Rebecca a debt of thanks for the hard work she put in the help us gain the accreditation."

Congratulations!

