



Virtual Schools: TIAAS (Trauma Informed Attachment Aware Settings) in Worcestershire

October 2025 to July 2026

Edition 3 (correct 23.09.2025)

Table of contents

Virtual Schools: TIAAS (Trauma Informed Attachment Aware Settings) in Worcestershire	1
September 2025 to July 2026	1
Edition 2 (correct 18/07/2025)	1
Overview.....	4
Resources to supporting being TIAAS.....	4
Introduction to the TIAAS Pathway	4
Network / Drop-in and Hub Meetings	5
TIAAS Network Meeting.....	5
TIS Drop-in sessions	5
TIS Hub Meetings.....	6
Level 1 training.....	7
Conflict resolution through restorative practice *NEW*	7
Promoting positive masculinity, self-worth & relationships *NEW*	7
Emotion Coaching and Pace: webcast	8
The Neuroscience that underpins Adverse Childhood Experiences (ACE's): webcast ...	8
Language Matters and Words have power - from a trauma perspective: webcast	9
How do we engage families through trauma informed practices? Webcast coming Sept 2025.....	9
Level 1 training via alternative providers	10
Adverse Childhood Experiences: Early Trauma Online Learning	10
Understanding and Supporting Emotionally Based School Avoidance (EBSA)	10
Level 2: Whole School Implementation of Trauma and Mental Health Informed Schools & Communities	11
Level 3 training.....	12
Trauma Informed Schools UK: Senior Leads Training.....	12
Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health	13
Support with booking direct to Virtual School.....	14
Support with booking via CPD.....	14
How to book using CPD online:	14
Problems with CPD online	14
Confirmation	14
Waiting lists.....	15
Certificates	15
Cancellations.....	15

Training team availability	15
----------------------------------	----

Overview

Worcestershire Virtual School is dedicated to ensuring that all education settings within Worcestershire are Trauma Informed and Attachment Aware Settings (TIAAS). TIAAS improves academic outcomes, attendance, and wellbeing.

We recognise that the TIAAS path takes time, is rightly tailored to each setting and that different settings are at different stages in their journey. In recognition of this, Worcestershire Virtual School have expanded our TIAAS training menu to offer something suitable for everyone.

This menu consists not only of TIAAS training but also support with implementation and support for accreditation through the Attachment Research Community. You will also be supported as part of a growing TIAAS network in Worcestershire and beyond.

All of the training outlined below is fully funded by Worcestershire Virtual School and so is completely free to you!

Resources to supporting being TIAAS

- **Supporting care-experienced children - New free teacher training resources from BBC Teach.** The resource is designed to help teachers understand more about the needs of care experienced children, how a trauma-informed approach can offer support to a traumatised child in a school setting, and ideas for how teachers can take actionable next steps. There are also three powerful animations of first-person testimonies by young adults who have been through the care system. To view the resources visit: <https://www.bbc.co.uk/teach/teacher-support/supporting-care-experienced-children/z7pmnk7>
- [Sensory Processing: What it is and why it matters - The RISE Partnership: Research and Improvement for SEND Excellence](#)

Introduction to the TIAAS Pathway

If you are interested in understanding more about the TiAAS (Trauma Informed Attachment Aware settings) within Worcestershire, then watch our [Introduction to TIAAS Pathway available \(youtube.com\)](#)

Led by Worcestershire Virtual School and WCF: Educational Psychology Team the webcast will explore how the ARC pathway can support schools and settings to gain formal, national recognition of your practice from Bronze, Silver, Gold through to Hub centre of excellence.

Ensuring anyone who watches will come away knowing:

- What does TiAAS mean to my setting?
- What is expected from me?
- What support can I get?

Network / Drop-in and Hub Meetings

TIAAS Network Meeting

An opportunity to come together, share what's working well and co-construct the Worcestershire TIAAS (Trauma Informed Attachment Aware settings) Pathway.

Open to all schools / settings regardless of whether they attended the Introduction to Worcestershire TIAAS Pathway or not.

Cost: Free and a maximum of two delegates per school / setting

- 25 November 2025, 3.45pm to 5.15pm, virtual delivery, course code: 10444 / 1809
- 17 March 2026, 3.45pm to 5.15pm, virtual delivery, course code: 10444 / 91810
- 23 June 2026, 3.45pm to 5.15pm, virtual delivery, course code: 10444 / 91811

TIS Drop-in sessions

The TIS drop-in session is an optional open session to provide you with an opportunity to ask questions, have a chat or share a success, led by Jill Mahon (TIS UK) and Jade Busby (SEMH Lead - Worcestershire Virtual school)

Autumn term:

All TIS Practitioners will automatically be booked onto the Autumn term drop-in sessions by Ruby Tasney in Virtual School. The information will appear to you as a calendar invite (with full MS teams details) from Virtual School and you can accept or decline.

- Tuesday 11th November 2025, 4pm to 5pm

If you are the TIS practitioner and you are not invited to the TIS drop-in session, please contact Virtual School directly by emailing virtualschool@worcestershire.gov.uk

Spring & Summer term Drop-in sessions are to be booked via CPD

- 02 February 2026, 4pm to 5pm, virtual delivery, CPD Code: 10619 (session code 92063)
- 24 June 2026, 4pm to 5pm, virtual delivery, CPD Code: 10619 (session code 92063)

TIS Hub Meetings

Our TIS Hub Meetings are termly, 75 minutes in duration, delivered Virtually, themed and are led by Jill Mahon (TIS UK) and Jade Busby (SEMH Lead - Worcestershire Virtual school)

Providing an opportunity for all practitioners who have completed the diploma and gained TIS practitioner status, to access updates, professional development and share good practice.

Autumn term hub meeting:

All TIS Practitioners will automatically be booked onto the Autumn term TIS Hub Meeting by Ruby Tasney in Virtual School. The information will appear to you as a calendar invite (with full MS teams details) from Virtual School

- Tuesday 23rd September 2025 3.45-5pm
- Focus: Supporting children to know themselves (PSHE, mental health, the brain and feelings)

If you are the TIS practitioner and you are not invited to the Tis Hub Meeting please contact Virtual School directly by emailing virtualschool@worcestershire.gov.uk

Spring term hub meeting:

- Monday 2nd March 2026, 3.45pm to 5pm, virtual delivery
- Focus: TBC
- Book via CPD and search course code 10618
- Session code 92061

Summer term hub meeting:

- Tuesday 09 June 2026, 3.45pm to 5pm, virtual delivery
- Focus: TBC
- Book via CPD and search course code 10618
- Session code 92061

Level 1 training

Conflict resolution through restorative practice *NEW*

This training will focus on repairing harm and restoring relationships through restorative practices. We will explore using restorative practice in settings to enable conflict resolution by emphasising repairing harm, rebuilding relationships, empathy, responsibility, the impact of actions on others, fostering a sense of community and shared accountability. Restorative practice aims to create a more supportive and inclusive environment by providing opportunities for open communication, reflection, and collaborative problem-solving. We will discuss building and maintaining positive relationships between pupils, staff, and families through the use of techniques such as restorative circles and peer mediation.

Cost: Free

- 20 January 2026, 3.30pm to 5pm, virtual delivery, course code: 10597 / 91842
- 22 June 2026, 3.30pm to 5pm, virtual delivery, course code: 10597 / 91858

Promoting positive masculinity, self-worth & relationships *NEW*

In the training, we cover what constitutes positive masculinity, and how it is related to feelings of self-worth. We will explore the psychological theory underpinning self-worth, how this is related to the concept of masculinity and impacts relationships. We will discuss how we change the narrative from 'toxic' to 'positive' masculinity and the scaffolding needed to enable boys and young men to flourish by looking at targeted and universal approaches.

Cost: Free

- 13 January 2026, 3.30pm to 5pm, virtual delivery, course code: 10596 / 91839
- 01 July 2026, 3.30pm to 5pm, virtual delivery, course code: 10596 / 91859

Emotion Coaching and Pace: webcast

This webcast delivered by our Education Psychology team will allow participants to consider how to use emotion coaching and PACE in their settings.

PACE stands for Playfulness, Acceptance, Curiosity and Empathy; which is a flexible approach developed by Dan Hughes to help adults to form safe, trusting and meaningful relationships with young people who have experienced trauma.

The course is aimed at anyone who lives, works or cares for young people, as the application of both emotion coaching and PACE are applicable across the age range and across settings. The training is an introduction to these principles, and an opportunity to practice these skills, as well as share practice. It will allow time to share good practice with other participants, and practice the approaches shared.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search “course code 10489”

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

The Neuroscience that underpins Adverse Childhood Experiences (ACE's): webcast

This engaging webcast course aims to equip professionals with an understanding of what is meant by adverse childhood experiences (ACEs) and how they can affect a child or young person. We will look at what is going on in the brain when children have experienced toxic stress and we will consider how this can affect ongoing development and challenges associated with a school/learning environment.

The session is interactive and practical, offering opportunities to consider how we can adapt our practice to support those who have experienced ACE's, based on evidence and case studies about what has been shown to work as part of a Trauma Informed and Attachment Aware approach.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search “course code 10490”

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

Language Matters and Words have power - from a trauma perspective: webcast

Transforming Lives, One Word at a Time: Trauma-Informed Language for Practitioners Working with Children and Young People

"Language Matters and Words Have Power, from a Trauma Perspective," presented by the Educational Psychology Service.

How we speak about young people and their lives and experiences matters. In this insightful online program, you'll delve deep into the psychology of language and its formative role in shaping children and young people's realities.

This is an opportunity to think about how you communicate with children and about the young lives you impact daily; a chance to equip yourself with the tools to inspire resilience, healing, and post-traumatic growth through the power of conscientious language.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search 10620

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

How do we engage families through trauma informed practices? Webcast coming soon

In this interactive online training, we will explore meaningful family engagement through the lens of trauma-informed practices. Participants will learn how to effectively engage families and foster investment in their child's success using a trauma-sensitive approach. The session will also include exploration of frameworks created to provide a trauma-informed approach, practical real-world strategies to support and discussions around our own biases as practitioners. A blend of taught content, discussions and collaborative breakout groups will be used to equip educators with the tools needed to support families.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search TBC – coming soon

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

Level 1 training via alternative providers

Adverse Childhood Experiences: Early Trauma Online Learning

- Cost Free
- Trainer / Company: Early Trauma Online
- Access directly via the [ACEs \(acesonlinelearning.com\) website \(opens in new window\)](https://acesonlinelearning.com)

Understanding and Supporting Emotionally Based School Avoidance (EBSA)

- Cost Free
- Trainer: Tina Rae
- Access directly via [Loggerhead Publishing: EBSA Online Training \(opens in new window\)](#)

Solihull Approach

Available for all professionals across Worcestershire working with children, young people or families. You can access free, high-quality online training to strengthen your understanding of emotional development and relationships.

Created by psychologists and professionals from the NHS Solihull Approach, these self-directed, 24/7 eLearning courses are designed for flexible learning. They combine the latest research in child psychology and neuroscience with practical techniques that can be used in real-world settings supporting a trauma-informed approach.

The three core courses cover:

- **understanding trauma** – recognising the impact of trauma, supporting recovery and resilience
- **understanding brain development** – from pregnancy to adolescence, and its influence on mental and emotional wellbeing
- **understanding attachment** – how strong, secure relationships help children feel safe, connected and ready to learn

Each course provides 3.75 CPD hours.

- Go to: solihullapproachparenting.com/worcestershire
- Use access code: PARENTSROCK_PRF
- Cost: FREE as the training is fully funded by Worcestershire County Council's Public Health team

Level 2: Whole School Implementation of Trauma and Mental Health Informed Schools & Communities

This training is designed to support whole school implementation of trauma informed and mentally healthy practices into schools and organisations. TISUK recognises the importance of the commitment and determination of the whole staff team to fully embed any approach or cultural change. The session will ensure that staff have the knowledge, skills and understanding to optimise the well-being of both adults and pupils in their school and support this crucial cultural change.

This training is supported by over 1000 evidence-based research studies, is designed to empower school staff to understand the needs of all children and teenagers, including those who have suffered a trauma or have a mental health issue. Delegates will also learn what happens in Trauma and Mental Health Informed schools in terms of key relational approaches and interventions to positively impact the whole school culture

This whole day training provides an insight and understanding of the key elements required for a mentally healthy and trauma informed setting and the vital importance of relational approaches

Cost: Free included with the Virtual School TIAAS programme

Trainer: Jill Mahon from TIS UK

- 03 March 2026, 9am to 3.30pm, virtual delivery, course code: 10523 / 92060

Level 3 training

Trauma Informed Schools UK: Senior Leads Training

This course is designed to support Senior Leads to implement trauma-informed and mentally healthy practices into their schools and organisations. TISUK recognises the importance of the commitment and determination of Senior Leads to fully embed any approach or cultural change. The course will ensure that Senior Leads have the knowledge, skills and understanding to optimise the well-being of both adults and pupils in their school and drive this crucial cultural change.

Delegates will gain a wealth of effective, time and money-saving ways of working with a child's challenging behaviour and the mental health issues that block learning. This course provides a comprehensive overview of the 10- day course Diploma in Trauma and Mental Health Informed Schools and Communities (Practitioner Status) enabling Senior Leads to fully support the TMHi practitioners they send on the Diploma course, many of whom could then become the school's Mental Health Lead.

The course aims to positively impact on pupils, staff and the whole school community, moving towards developing a mentally healthy culture for all. The highly innovative relational, regulatory and reflective skills are backed by over 1000 evidence-based studies in neuroscience and psychology. Each course is informed by the work of senior psychologists and educators.

- Cohort 12: 04 and 05 November 2025
- Cohort 13: 09 and 10 March 2026
- Delivered by Jill Mahon TIS UK
- Book directly via Virtual School by emailing virtualschool@worcestershire.gov.uk

Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health

Professor Tamsin Ford (University of Exeter Medical School) states that “schools are a front-line service in relation to mental health” (2018). Considering this, our practical skills-based training course underpinned by over 1000 evidence-based psychological, medical and neuroscientific research studies, is designed to inform and empower school staff to respond effectively to vulnerable children and those who have suffered a trauma or have a mental health issue. Without such interventions, painful life experiences are likely to present in challenging behaviour and/or blocks to learning.

The training provides delegates with key insights into the psychology and neuroscience of mental ill-health and challenging behaviour alongside vital tools and techniques in knowing how to respond to a child’s narrative of painful life events. So often this is enough to prevent years of suffering and the medicalising of their distress with psychiatric labels and medication. Delegates will also be trained to know when to seek the support of psychologist-led supervision and when, due to limits of competence, to refer on. The course not only focuses on work with individual children but also on changing whole school cultures to be mentally healthy for all. The curriculum covers interventions designed specifically to address teacher stress, teacher absence and poor staff retention.

If you want to change troubled children’s lives, reduce exclusions, improve pupil attendance and staff retention, while positively impacting on the mental health of the school

Cohort 13

- Days 1 & 2: 19th & 20th Jan 2026
- Days 3 & 4: 24th & 25th Feb 2026
- Days 5 & 6: 23rd & 24th March 2026
- Days 7 & 8: 18th & 19th May 2026
- Days 9 & 10: 15th & 16th June 2026
- Assessment Day: 7th July 2026

To book your place on the Level 5 Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health please email Virtual Schools – virtualschool@Worcestershire.gov.uk

Support with booking direct to Virtual School

The Virtual School will be managing bookings for Level 3 courses only.

If you would like any further information regarding Level 3 courses, have any queries about booking or the commitment / expectation once enrolled please contact Virtual School by emailing virtualschool@worcestershire.gov.uk

If you contact the training team regarding Level 3 courses, queries will be passed onto the Virtual School team accordingly.

Support with booking via CPD

CPD portal will be used for Level 1 and Level 2 courses only, if you have previously enquired about a space on a level 1 or level 2 course via Virtual School then these bookings have been shared accordingly.

How to book using CPD online:

1. Visit [WCC: CPD](#)
2. Enter your email and password
3. Select the course via searching for a key word or under all course types the category
4. Find the course and press select on the date you wish to book
5. Press Book on Course
6. Check the details of the person booking the course aka the CPD leader are correct
7. Confirm if the place is for the CPD leader or another member of staff and press next
8. If it's for the CPD leader, then you skip to step 10.
9. If it's for another member of staff complete all the fields
10. Press submit
11. Confirmation is IMMEDIATELY issued to the delegate email provided

Problems with CPD online

Technical problems, account queries, password re-sets, staff not attached to your establishment, staff that have left, duplicate staff, and any questions regarding booking training then contact training & conference team, telephone 01905 844 420 or email Workforcesupport@worcestershire.gov.uk

Confirmation

All course confirmations occur at the time of the booking on CPD online therefore no further joining instructions will be sent out. It is the responsibility of those booking training to ensure that all cancellations and transfers follow our terms and conditions.

Please ensure that any handouts attached to the confirmation email are brought along to the training.

We would like to remind delegates if you are due to attend a virtual training course, and you have not received your joining instructions please contact the training team a **minimum of 5 days** before your course is due to take place. The training team cannot guarantee that

they will be available the 24 hours before your course to be able to reissue joining instructions and/ or provide support. The training & conference team can be contacted on 01905 844 420 or email workforcesupport@worcschildren.org.uk

Waiting lists

We operate waiting lists for all our courses. As places become available, they will be allocated based upon the date and time of your original booking. You will be contacted by telephone/email to offer you the available place.

Certificates

Once a course is marked as held (bearing in mind a trainer has 10 days to return a register), certificates are immediately issued via email to the delegate email provided for this course.

Cancellations

All cancellations must be made on CPD online

If you wish to supply additional information in support of your cancellation, then please email the relevant team.

Training team availability

The training team will be available to speak to directly between 8.30am to 4pm by calling 01905 844 420 / 844 030. Any voicemails received will be responded to accordingly based on date / time.

If we are not available, we highly recommend emailing workforcesupport@worcestershires.gov.uk. All emails will be responded to based upon date / time of enquiry.