Worcestershire Autism Reference Group Meeting Wednesday, 26th February 10th, 2025, 13.00 – 14.30 Online Microsoft Teams

People Present:

Name	Organisation/Job Title
LW	Co-Chair, Worcestershire County Council (WCC), Adult Social Care Lead Commissioner
CC	Co-Chair and Expert by Experience
HS	Co-Chair of Worcestershire Autism Partnership Board and Expert by Experience
EA	WCC, Commissioning Officer
6	Expert by Experience

Apologies:

Name	Organisation/Job Title
2	Expert by Experience

Item	Notes
1	Welcome and Introductions
2	Minutes from last meeting
3.	Overview of the Autism Partnership Board and the Autism Strategy – Laura Westwood, Lead Commissioner, Adult Social Care, Worcestershire County Council Laura went through presentation slides.
4.	Key areas of interest – All - Access to health and care related to autism – diagnosis and support after (MK)

Item	Notes
Item	 Access to all other health and care – G.P, first point of call health services, secondary level health services and barriers to this for autistic people (MK) (N) (T) (B) Employment (N) Reasonable adjustments – what these might be related to employment, schools/education, health, commercial companies (N) (H). Education need and duties and what reasonable adjustments could be made. Assessments – autism assessments, ADHD, resources, and subsequent support after the assessment Education and inclusion in school (JR) (B) Support for people with low support needs but when do need support there is a gap. Increased advocacy and support when we need it, with no waiting lists. (WL) Social housing and education on what they can do to make accessing services inclusive to autistic people (WL). Accessing benefits entitled to e.g. PIP (MK) Social isolation (HS) Dating opportunities for autistic people (HS) LW explained that we will add these topics to future meeting agendas. May invite appropriate priority leads to a meeting to lead on those
	conversations. It was explained all the above areas will fit into a priority area and there will also be opportunities to input to the priority action plans. Reference group will have a reciprocal relationship with Autism Partnership Board (APB) and put forward topics that should be raised with one another. This group can shape as the group develops.
5.	Where do you/would you go to find information about Autism? - Social media - run and delivered by autistic people. - Autism YouTube channels – created and delivered by autistic people. - Peer support Facebook groups - National autistic society – have a directory of services that are related to autism: "autism services directory" which gives a broad overview of services that you could access locally and nationally. - Autism West Midlands - Libraries . Gaps/barriers: Physical locations to 'drop in' and get information and support.

Item	Notes
	Feedback on access to the Council website to find information, for a younger family member: all the information on the pathways for
	children of school age was good and comprehensive.
	For adults: there are links to groups that offer support, problem is people don't know which groups are right for them (can vary for each person and level/support needed) and there is a barrier in people taking the step to try and find out because of the apprehension that it will not be suitable place for their support needs.
	Hard to understand and navigate all the information that is available online from Google searching.
	Suggestions:
	Discussed the benefits of a Worcestershire Autism Directory and its location. Can put information on council website but would people find it there? Agreed need a good URL that then directs search traffic to the location.
	YouTube – however risk if 'autism' is put in the search engine, it may not lead to good content. Could help people filter search by creating a recommended YouTube autism directory with recommendations from this group.
	ACTION: Send around services and mapping template – ask for responses
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	ACTION: Group to email <u>autismgroups@worcestershire.gov.uk</u> to put suggestions forward and share any good resources that you
	have found and would recommend others to look at.
	ACTION: Have a remote panel to review one another's recommendations
6.	Future meetings – All
	The consensus was that evening meetings are better for people and a mixture of online and in person. Central Worcester agreed as a location and will explore the Hive for the next meeting.
	Next Meeting: TBC