

What's on for Dads

Offer	Cost	Location	Ran By Contact Details	Day/Time	Details
Who let the dad's out	£1 per family	Bewdley Baptist Church, 61 High Street, Bewdley, DY12 2DJ	Ruth Tiffany 01299 403267 office@bewdleybaptist.org.uk	Second Saturday of the month 09:30-11:30am	Bewdley Baptist Church An opportunity for dads, granddads, and male carers to spend time playing and doing craft activities with their pre-school children in a male-friendly atmosphere.
We are Men united CIC Kidderminster Dad's & Carers support Group		Brookside Family Hub, Borrington Road, Kidderminster, DY10 3ED Half Crown Wood Family Hub, Princess Way,	Matthew White 07879 846630	Every Tuesday Afternoon 13:00 – 15:00pm	Instagram: @we_are_men_united Support Group - Men United

Request Changes – Last updated August 2025

To request changes to the timetables/ lists of activities, please email hwbadmin@worcestershires.gov.uk and include FAO: Best Start Website

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Stourport Dad's & carers support group		Stourport, DY13 0EL		Tuesday Mornings 09:30-11:30am (term time only)	
SUFC Worcester		KGV Hub, Ash Avenue, Brickfields Worcester WR4 9TL	Sands United Sands United Sands - Saving babies' lives. Supporting bereaved families.	Thursdays 8pm	SANDS United FC – Worcester - SUFC Worcester You don't have to be a dad to come along, if you are a grandparent, uncle or any other relation we will accept you with open arms. We know the loss of a child effects many men in different ways, and we will try to help anyone who comes along.
Nurture Families: Father in the garden		Nurture Outdoor Kindergarten Top Barn Farm, Holt Heath, Worcester, WR6 6NH	Facilitated by Jos, a dad and dedicated NOK team member	Our monthly Saturday group for Dad's and their children is open to Nurture families.	Father in the Garden Booking

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Becoming Families Dads' Groups		Walsgrove Lodge, Evesham Rd, Egdon, Worcester WR7 4QL	Becoming Families Contact Us and Reviews	Monthly drop in – first Saturday of the month 10-12pm (£3) Dadwise – 2 nd and 4th Monday of the month 7.30-9pm (small donation)	https://www.becomingfamilies.co.uk/dads
Men's Yoga	£10 x 4 weeks	The Wellbeing Tree 16 St John St, Bromsgrove B61 8QY support@the-wellbeing-tree.com 01527 570 838		Monday 8:15pm	Holistic and Wellness Centre The Wellbeing Tree England
Men's Circle	No fee			Thursday 6:30pm	
Dad's Baby Massage	£58 x 5 weeks			Saturday 10:30am	
Dad's coffee mornings				Saturday 10:30-12:30pm	
The Dad's group	No fee	The Old Needle Works, Britten Street, Redditch B97 6HD	Contact The Koala Tree	Tuesday – fortnightly 7-8:30-pm	Home The Koala Tree, Redditch
Dad's stay & play	No fee	The Old Needle Works, Britten Street, Redditch B97 6HD	07904 008 845 Or info@thekoalatree.co.uk	Saturdays once a month 10:00-12pm	Home The Koala Tree, Redditch

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Saturdads	No fee	Various leisure centres across the county	<p>Perdiswell Leisure Centre: perdiswell@freedom-leisure.co.uk or 01905 457189</p> <p>Sport Dyson Perrins Leisure Centre: sportdyson@freedom-leisure.co.uk or 01684 572645 (after 4 PM on weekdays)</p> <p>St Johns Sports Centre: stjohns@freedom-leisure.co.uk or 01905 429900</p>	Contact leisure centres for days and times	<p>free, 45-minute obstacle course activity for dads, grandads, uncles, and other male guardians to enjoy with their children at Freedom Leisure facilities in Worcestershire</p> <p>https://www.facebook.com/share/p/15FLv8maAk/</p>
Men's walking and talking		<p>Droitwich Spa</p> <p>Worcester</p> <p>Stourport</p> <p>Kidderminster</p>		<p>Wednesdays 7pm</p> <p>Thursdays 7:30-8:30pm</p> <p>Monday 7-8:00pm</p> <p>Wednesday 7-9:00pm</p>	<p>https://www.menwalkingandtalkking.co.uk/</p>

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Online webpage links and courses

Did you know? you can access free online training courses in Worcestershire running from conception to 19 years. Some examples include understanding your baby, understanding relationships, understanding your child from toddler to teenager and many more!

you can sign up here: [inourplace | Solihull Approach – Worcestershire | inourplace](#) all you need is your postcode and the access code: PARENTSROCK

Other webpage links:

www.dadsmatteruk.org

www.thedadsnet.com

<https://andysmanclub.co.uk>

<https://www.sands.org.uk/about-sands/media-centre/news/2019/04/bbc-radio-five-live-football-team-formed-support-dads-whove>

<https://www.sands.org.uk/support-you/how-we-offer-support/men>

[Dads and partners | Tommy's](#)

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Podcasts

<https://fatheringtogether.org/dads-with-daughters-podcast/>

<https://www.stillparentspodcast.co.uk/>

<https://podcasts.apple.com/gb/podcast/how-to-be-a-dad/id1590498321>

<https://open.spotify.com/show/3l3XeOODZweOpcxCchyPFl>

[Dad Still Standing | baby loss support for dads](#)

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