

Breastfeeding support

If you would like to attend one of the NHS Breast Buddies' support groups, please email the team with your baby's name, date of birth and postcode to book a place. Partners, grandparents, friends, and children are welcome.

[Our Services | Herefordshire and Worcestershire Health and Care NHS Trust](#)

Email to book a place: WHCNHS.infantfeeding@nhs.net

District	Location	Day/time
Kidderminster	Brookside Family Hub	Every Tuesday 10:00 – 11:00am
Bromsgrove	Pear Tree Family Hub	Every 2nd and 4th Wednesday of the month from 10:00am - 11:30am (from 23rd September the group will be weekly)
Redditch	Holly Trees Family Hub	Every 1st, 3rd and 5th Wednesday from 10:00am - 11:30am (from 23rd September the group will move to Tuesdays 1-2:30pm)
Worcester	The Hive	Every Friday from 11:30am - 1:00pm

Contact the team

For individual breastfeeding support until your baby is 6-8 weeks old, email WHCNHS.infantfeeding@nhs.net

If your baby is over 8 weeks old, you can access support at a Breast Buddies group (above) or other groups (below).

You can also ask a member of the Health Visiting team for support by calling 01905 520032.

Worcestershire Welcomes Breastfeeding — [Worcestershire Welcomes Breastfeeding | Facebook](#)

Worcestershire Acute Hospitals NHS Trust - Breastfeeding support [Breastfeeding - Worcestershire Acute Hospitals NHS Trust](#)

Request Changes

To request changes to the timetables/ lists of activities, please email hwbadmin@worcestershire.gov.uk and include FAO: Best Start Website

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Community breastfeeding groups by area

Area	Group	Location	Day/Time	Cost	Details
Wychavon (Evesham)	Evesham Breastfeeding Mothers	The Baptist Church, WR11 4PN	Friday 12:00pm-2:00pm	Free-donations welcome	NCT BF Counsellor Jane Watson Davis Tel: 07770 587177 Facebook group: 'Evesham Breastfeeding Mothers' Do not need to be an NCT member to attend.
Malvern	Malvern 'Baby Latte'	The Cube, WR14 2YF	Wednesday 11:00am-1:00pm	Free	NCT BF Counsellor Frances Thurlow francesthurlow@hotmail.co.uk Facebook group: 'NCT Malvern Hills Baby Latte' Do not need to be an NCT member to attend.
Worcester	NHS Breast Buddies Support Group	The Hive	Friday 11:30am-1:00pm	Free	Email to book a place: WHCNHS.infantfeeding@nhs.net Our Services Herefordshire and Worcestershire Health and Care NHS Trust

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Worcester	Crowle NCT	Crowle Platinum Parish Hall, WR7 4AZ	Tuesday 10:00am-12pm	Free-donations welcome	Email: branch.worcesteranddroitwich@nct.org.uk No need to book, please just turn up. Donations gratefully received www.justgiving.com/page/nctworcesterdroitwich
Redditch	NHS Breast Buddies Support Group	Holly Trees Family Hub	Every 1st, 3 rd and 5th Wednesday 10:00am-11:30am*	Free	Email to book a place: WHCNHS.infantfeeding@nhs.net Our Services Herefordshire and Worcestershire Health and Care NHS Trust (from 23rd September the group will move to Tuesdays 1-2:30pm)
Bromsgrove	NHS Breast Buddies Support Group	Pear Tree Family Hub	Every 2nd and 4th Wednesday of the month 10:00am-11:30am**	Free	Email to book a place: WHCNHS.infantfeeding@nhs.net Our Services Herefordshire and Worcestershire Health and Care NHS Trust (from 23rd September the group will be weekly)
Wyre Forest (Kidderminster)	NHS Breast Buddies Support Group	Brookside Family Hub	Tuesday 10:00am-11:00am	Free	Email to book a place: WHCNHS.infantfeeding@nhs.net

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					Our Services Herefordshire and Worcestershire Health and Care NHS Trust
Wyre Forest (Stourport)	Bump and Baby Cafe	Burlish Bike Park, The Bungalow Cafe, Puxton Lane, DY11 5DF	1 st Wednesday of the month 10-11.30am	Free	Book here Green Moon Community event tickets from TicketSource. Facebook group 'Green Moon Community' 07498222415 For expectant and new parents. There is also support with baby wearing and cloth nappies.
Wyre Forest (Bewdley)	The Milkworks	Arley Arboretum Tearoom, Bewdley, DY12 1SQ	Last Thursday of the month 10-11.30am	£5 (or pay what you can afford)	Book here Green Moon Community event tickets from TicketSource. Facebook group 'Green Moon Community' 07498222415 There is also a group walk, reusable nappy library and baby wearing information, fit checks and support with slings/carriers.

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