### **Tudor Way Family Hub Tudor Wav Dines Green** Worcester **WR2 50H**

Tel: 01905 749149

#### **Healthy Start Vitamins**



Healthy Start Vitamins are available from all Family Hubs

To check your eligibility go to: www.healthystart.nhs.uk

## Volunteering

Would you like to volunteer with us? We have lots of volunteer opportunites including:

- Stay, weigh and play volunteer
- Peer support volunteer
- Administration support volunteer and much more!

## One-off workshops

Join our one-off workshops:

- Fussy Eating
- Understanding Your Teen
- Understanding Your Child's **Behaviour**





Visit our facebook` page for regular updates on what's happening in your area and useful tips and guidance: **FamilyHubsSouth** Worcestershire











# **Tudor Way Family Hub**

Monday - Friday 8:30am - 4:00pm **SUMMER 2025** 



For further support and to access a contact form: www.worcestershire.gov.uk/familyhubs



www.worcestershire.gov.uk/familyhubs

www.worcestershire.gov.uk/groups

## What's on at Tudor Way...



Mon

Tue

Wed

Thu

Fri

Child
Development
Checks by
appointment
only

**SALT** 

Speech and
Language team
Appointments made
by team
1st Tuesday each
month is the
TALKING WALK-IN

**session**Open to everyone no appointment

**Drop in** 11:30 - 12:30pm

necessary

Stay & Play 9:30 - 11:00am (Term time only) Baby weigh 1st Wednesday of the month

Midwife appointments

Well Baby Clinic 12:00 - 3:00pm By appointment only Call 01905 520032 to book Midwife appointments

Birth & Beyond Antenatal classes (4x weekly sessions)

Did you know?

We have a clothes swap. Please help yourself. We would love your used baby clothes 0 - 2 years. Please ask. Available every day.



Birth & Beyond Invitation only reunion session

