Be a Handwashing Hero

Wash your hands every 20 seconds

20

WASH YOUR HANDS
LIKE A HERO!
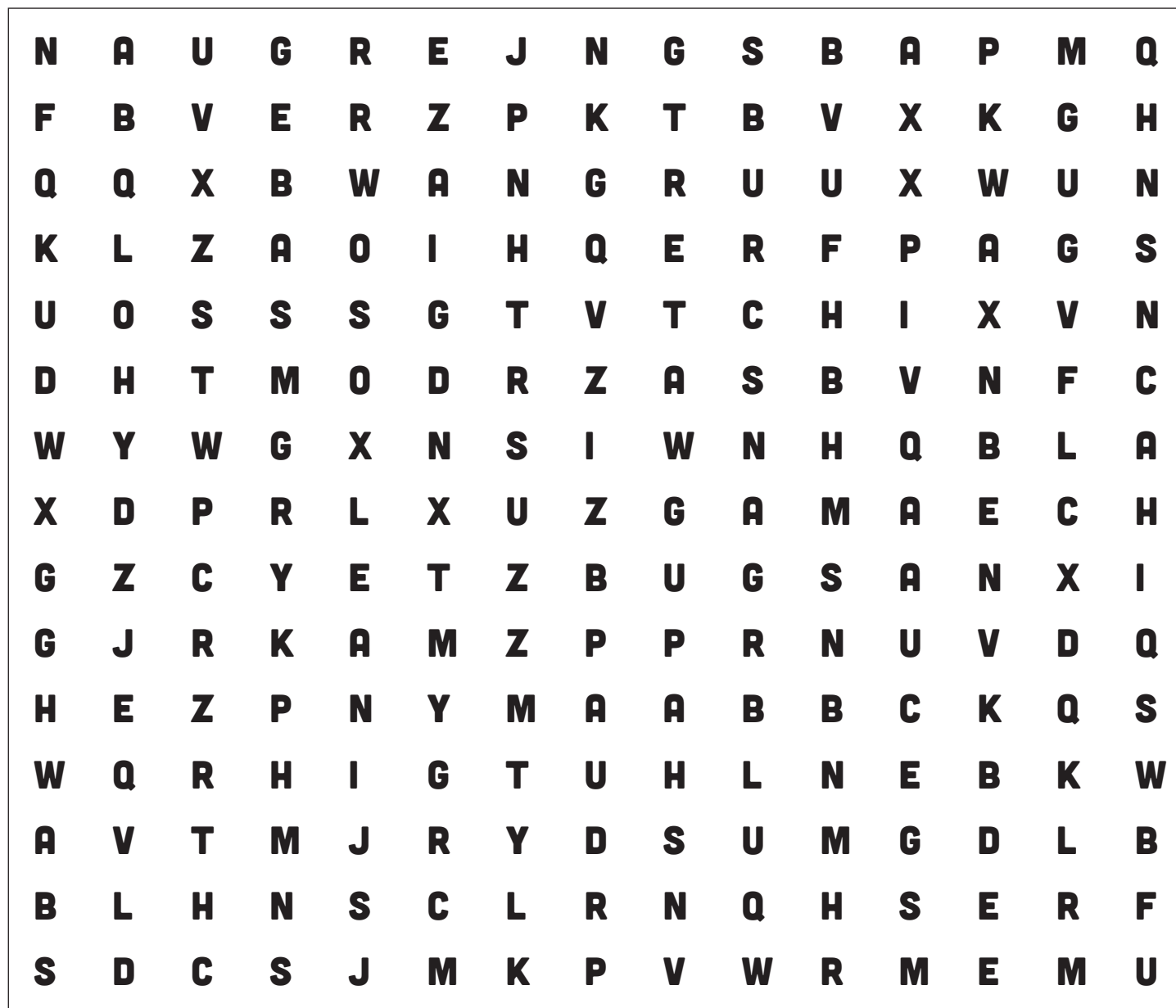### SUMMER ACTIVITY PACK

CLEAN HANDS SAFE HANDS WORCESTERSHIRE

worcestershire county council

HAND WASHING SUMMER WORD SEARCH

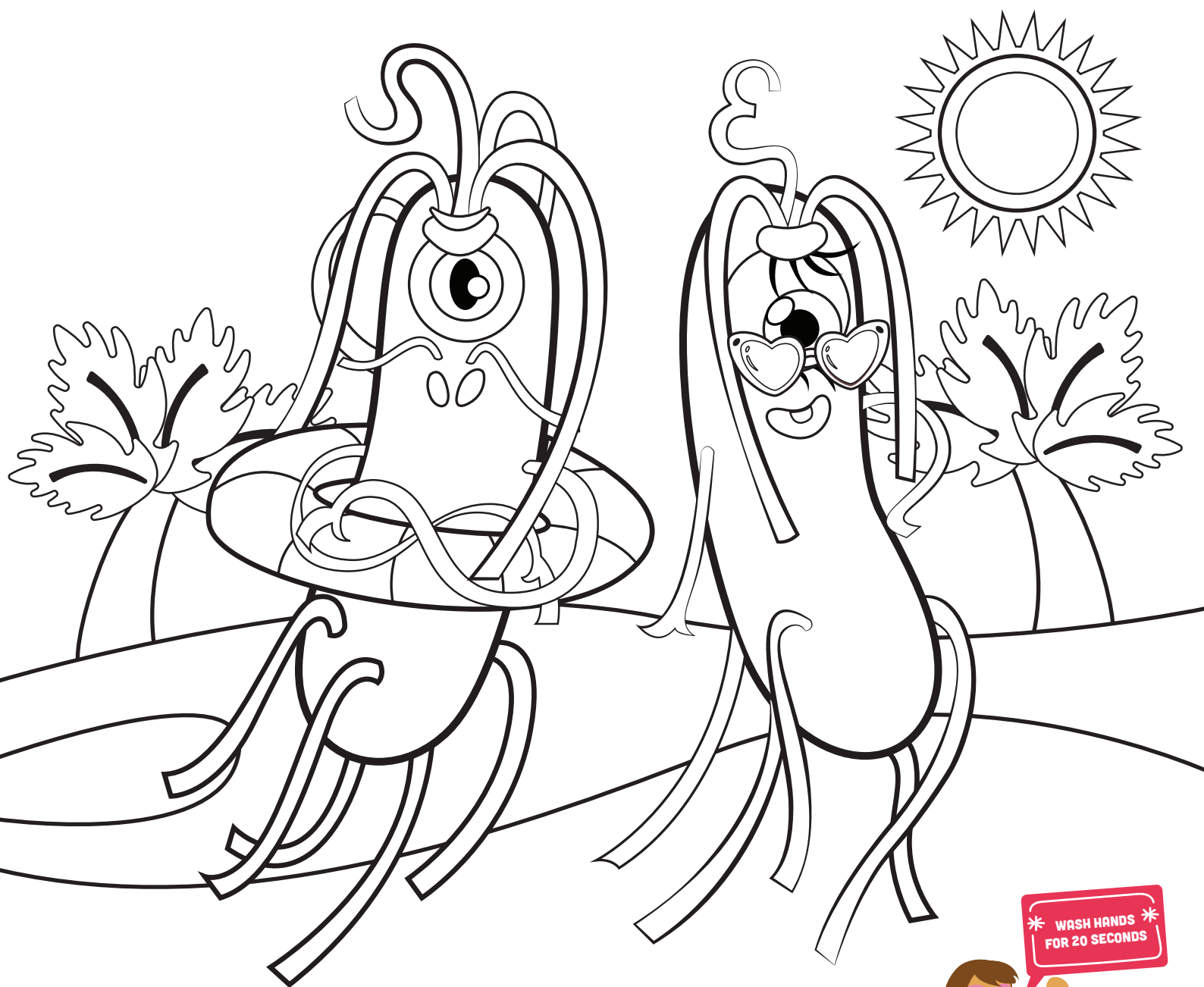Can you help the Handwashing Heroes find all the hand washing words?

```
N  A  U  G  R  E  J  N  G  S  B  A  P  M  Q
F  B  V  E  R  Z  P  K  T  B  V  X  K  G  H
Q  Q  X  B  W  A  N  G  R  U  U  X  W  U  N
K  L  Z  A  O  I  H  Q  E  R  F  P  A  G  S
U  O  S  S  S  G  T  V  T  C  H  I  X  V  N
D  H  T  M  O  D  R  Z  A  S  B  V  N  F  C
W  Y  W  G  X  N  S  I  W  N  H  Q  B  L  A
X  D  P  R  L  X  U  Z  G  A  M  A  E  C  H
G  Z  C  Y  E  T  Z  B  U  G  S  A  N  X  I
G  J  R  K  A  M  Z  P  P  R  N  U  V  D  Q
H  E  Z  P  N  Y  M  A  A  B  B  C  K  Q  S
W  Q  R  H  I  G  T  U  H  L  N  E  B  K  W
A  V  T  M  J  R  Y  D  S  U  M  G  D  L  B
B  L  H  N  S  C  L  R  N  Q  H  S  E  R  F
S  D  C  S  J  M  K  P  V  W  R  M  E  M  U
```

HANDS **WASH** **SINK**

SOAP **CLEAN** **BUGS**

GERMS **PALMS** **SCRUB**

TAP **FRESH** **WATER**

SUMMER

WASH HANDS FOR 20 SECONDS

LET'S COLOUR!

Twin bugs, **Sam and Ella (Salmonella)** are getting summer ready. Colour them in, so they will behave during the summer holidays!
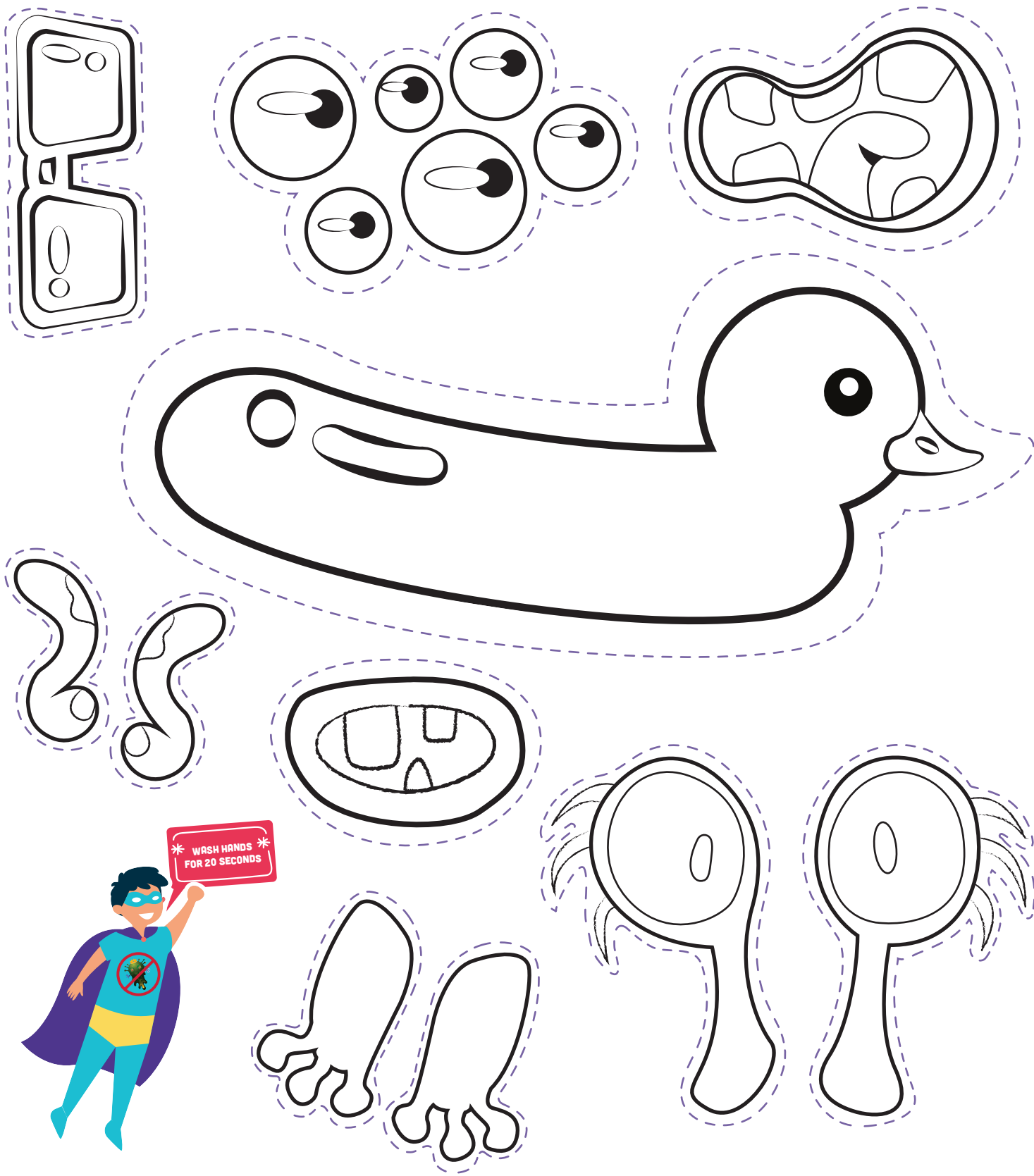

WASH HANDS FOR 20 SECONDS

Proudly coloured by _____

CLEAN HANDS SAFE HANDS WORCESTERSHIRE
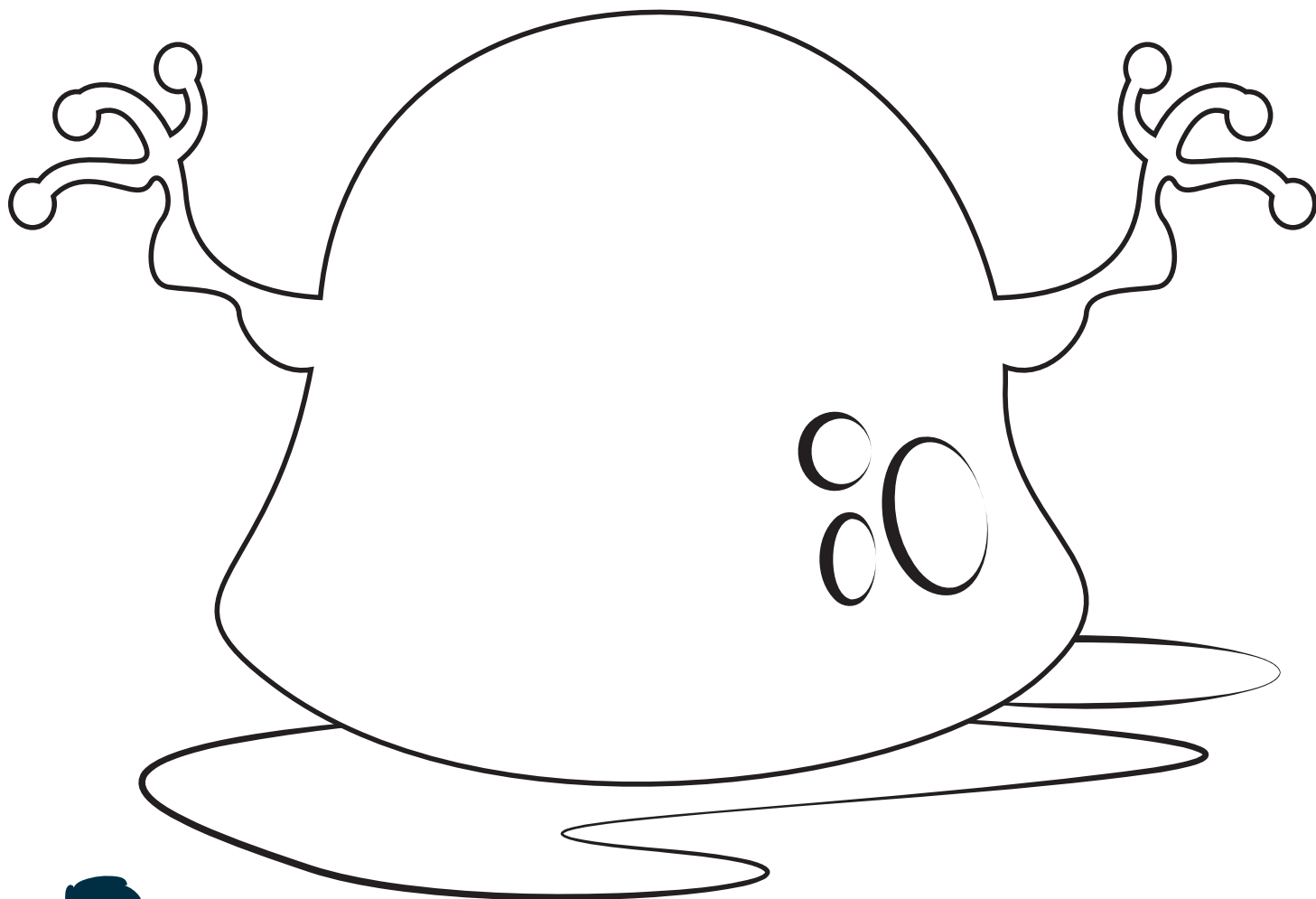
Be a Handwashing Hero

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MAKE AN UGLY BUG

Colour in your own ugly bug parts, cut them out and glue them onto the bug body on the next page.

MY UGLY BUG

By ....

Our Handwashing Heroes needs YOUR HELP identifying the Ugly Bug who has been stealing the Summer Treats! Cut out the bug parts in the previous page and stick them onto the bug body. My ugly bug's name is:

DESIGN AN UGLY BUG

Design your own ugly bug and give them a name!
Share your ugly bugs with us and we'll display them in our online gallery and on social media.

Share your designs by posting them to: **Public Health, Worcestershire County Council, County Hall, Spetchley Road, Worcester, WR5 2NP**

Keep them flat by using a large envelope or email a digital version to: **PHcomms@worcestershire.gov.uk**
This activity is aimed at children and young people. Please include the name and contact details of a parent or carer together with the name and age of the child.

Parent/carer name: ....

Email Address: ....

Tick this box to give permission for your child's name and age to be published alongside the design
☐ on our website and social media channels (Facebook, Instagram, Twitter, LinkedIn and YouTube)

My ugly bug's name is: ....

NAME: [   ]

AGE: [   ]
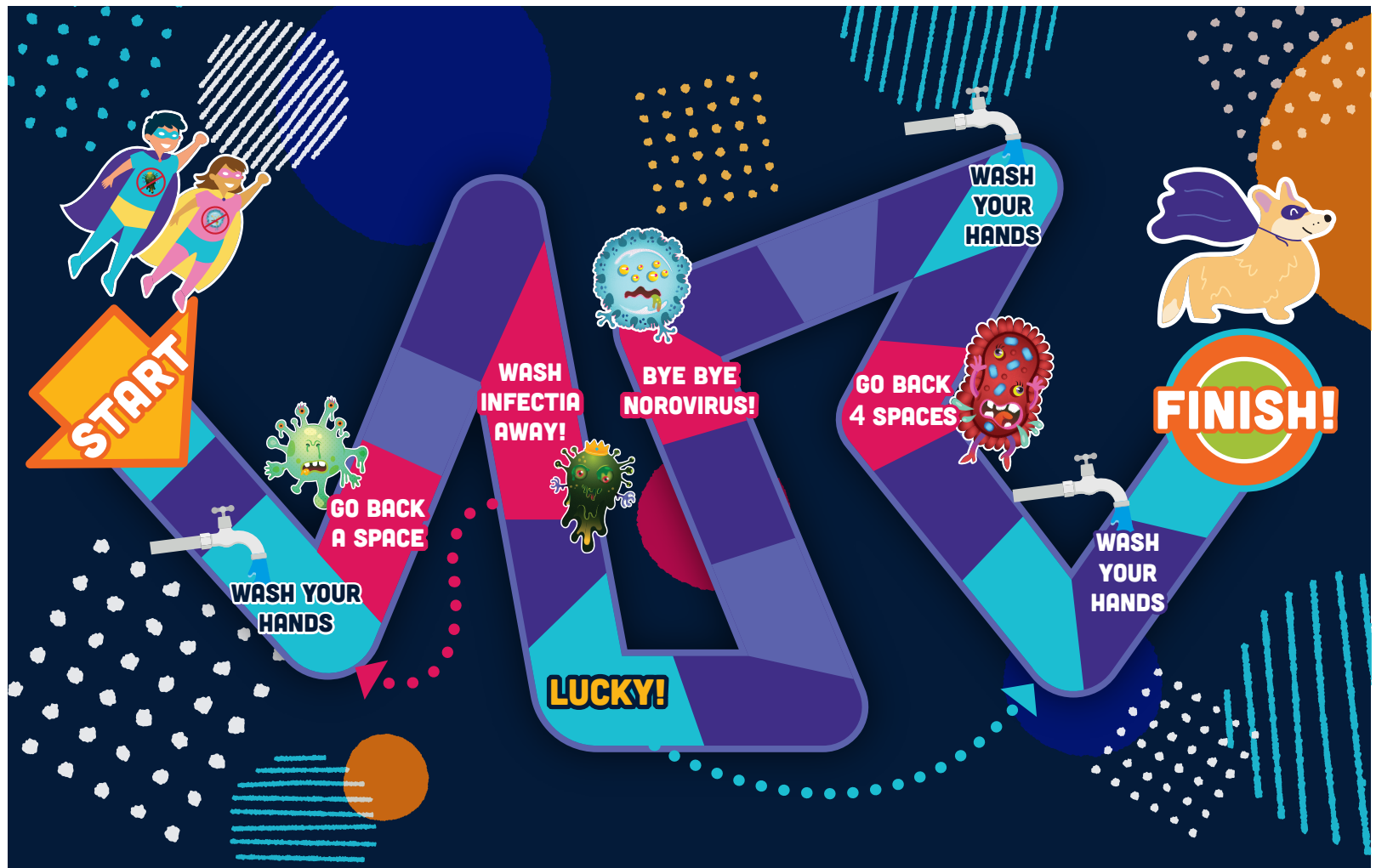
HELP THE HEROES RESCUE HERO DOG!

The young heroes needs YOUR HELP!

The Ugly Bugs are trying to stop them from getting to Hero Dog. Can you get to the finish line with clean hands and save the day?

How to play:

- Cut out the game pieces below.
- You will need a dice to move your piece across the game.
- To play, each player puts their piece on the tap 'start' space.
- Take turns rolling the dice. Move your piece forward the number of spaces shown on the dice.
- If you land on an ugly bug, go back to wash your hands!
- The first player to Hero Dog wins!

Good luck!

START

WASH YOUR HANDS

GO BACK A SPACE

WASH INFECTIA AWAY!

BYE BYE NOROVIRUS!

LUCKY!

WASH YOUR HANDS

GO BACK 4 SPACES

WASH YOUR HANDS

FINISH!