# Groups for Parents and Carers April - July 2025 WORCESTERSHIRE FAMILY HUBS

For more information, or to book your place please contact us...

### Brookside Family Hub, Borrington Road, Kidderminster DY10 3ED

Monday to Thursday 8.30 am to 4.30 pm and Friday 8.30 am to 4 pm

#### Phone: 01562 827207

Half Crown Wood Family Hub, Princess Way, Stourport DY13 0EL

> Monday to Thursday 8.30 am to 4.30 pm Phone: 01299 877920

email: admin.wyreforest@barnardos.org.uk



Changing childhoods. Changing lives.



Find us on Facebook... Family Hubs - Wyre Forest



www.worcestershire.gov.uk/familyhubs

Half Crown Wood Family Hub - Summer Term Timetable (2025)

WORCESTERSHIRE

county council

Mon	Tue	Wed	Thu	Fri
Speech & Language Booked appointments	Midwife Clinic Booked appointments	Well Child Clinic 9.30 - 11.30 am 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays of the	Sleep Workshop A bookable workshop for parents 10.00 - 12.00	Half Crown Wood Family Hub is closed on a Friday
Healthy Start Vitamins Available from Brookside and Half Crown Wood Family Hubs To check your eligibility:	Men United Dad's and Male Caregivers Peer Support Group every other Tuesday 10 am - 12 pm No need to book, just turn up!	month Bookable appointment with a Community Nursery Nurse To book call 01905 520032	10.00 - 12.00 03/07/25 To book your place call 01299 877920 Stay, Weigh and Play 1 - 2.30 pm Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!	For support, please contact Brookside Family Hub : 01562 827207
<section-header></section-header>	Find us on Facebook Family Hubs - Wyre Forest	Understanding Your Baby 12.30 - 2.30 pm A group for parents with babies aged 0 - 6 months		Some groups and services are provided by external partners /agencies and are subject to change
		02/07/025 - 27/08/25 To book your place call 01562 827207	More info: www.worcestershire.gov.uk/familyhu	

Summer 2025

## Volunteering

Would you like to volunteer with us?

We have lots of volunteer opportunities including:

- Stay, Weigh and Play volunteer
- Peer support volunteer
- Administration support volunteer

and much more!

### Healthy Start Vitamins

#### Apply here ...



Healthy Start 1955



Summer 2025

Are you pregnant or have children under the age of 4? You could ge thelp to buy:

Plain cow's milk Fresh, frozen or tinned fruit and vegetab Fresh, dried, and tinned pulses Infant formula milk You can also get free Healthy Start vitami

www.healthystart.nhs.uk 9 0 @NHSHealthyStart

orcestershire

ounty council

**One-off workshops** 

Join our one-off workshops:

- Fussy Eating
- Understanding Your Teen
- Understanding Your Child's Behaviour
- Sleep



#### www.worcestershire.gov.uk/groups

To access the online Solihull Approach courses visit <u>www.inourplace.co.uk</u> for free with code : PARENTSROCK

# **Childcare Funding**

Support with accessing funding for childcare:



UK Government

We can help you to apply for nursery and childcare funding, please call : 07738 860812



# **Well Child Clinics**

Well Child Clinics run on :

- Mondays 9.30 am to 3 pm at Brookside Family Hub
- 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays 9.30 11.30 am

at Kidderminster Health Centre

 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month 9.30 - 11.30 am at Half Crown Wood Family Hub

Please call 01905 520032 to book

# What's coming up...

Wednesday 30<sup>th</sup> July



11 am - 2 pm Lickhill Play Day

www.worcestershire.gov.uk/familyhubs