

Groups for Parents and Carers

September to December 2025



For more information, or to book your place please contact us...

**Brookside Family Hub, Borrington Road,
Kidderminster DY10 3ED**

Monday to Thursday 8.30 am to 4.30 pm and Friday 8.30 am to 4 pm

Phone : 01562 827207

**Half Crown Wood Family Hub, Princess Way,
Stourport DY13 0EL**

Monday to Thursday 8.30 am to 4.30 pm

Phone: 01299 877920

email: admin.wyreforest@barnardos.org.uk



Changing childhoods. Changing lives.



Find us on Facebook... Family Hubs - Wyre Forest



www.worcestershire.gov.uk/familyhubs

Brookside Family Hub - Autumn Term Timetable (2025)

Mon

Stay and Play

9.30 - 11 am

Suitable for babies and children aged 0 - 5 years
No need to book, just turn up!

Well Child Clinic

9.30 am to 3 pm

Bookable appointment with a Community Nursery Nurse

To book call 01905 520032

Physiotherapy Drop-in

9.30 - 11 am

1st Monday of each month

For parents/carers with children aged 0 - 5 years with concerns around their child's motor skills

Understanding Your Child / Teen

A bookable group for parents

5 - 7 pm

03/11/2025 - 02/02/2026

(not including Christmas holidays)

Tue

Breast Buddies

Peer Support Group

10 - 11.30 am

To book your place email

whcnhs.breastfeeding.support@nhs.net

Men United

Dad's and Male Caregivers Peer Support Group

every other Tuesday

1 - 3 pm

No need to book, just turn up!

Find us on Facebook...



Family Hubs - Wyre Forest



Wed

Midwife Clinic

Booked appointments

Birth and Beyond

9.30 - 11.30 am

A 4 week preparation for parenthood group for first-time parents

Running on a monthly basis

A bookable programme, to book call 01562 827207

SEND Peer Support Group

1 - 2.30 pm

For parents/carers of children and young people with additional needs

2nd and 4th Wednesday of the month

Twin Time

1 - 2.30 pm

A group for twins and multiples, every other Wednesday

Thu

Midwife Clinic

Booked appointments

Time for Baby

Stay and Play

10 - 11 am

A postnatal stay and play group for newborn and non-movers and parents/carers.

No need to book, just turn up!

Understanding Your Child

A bookable group for parents

12 - 2 pm

18/09/25 - 23/11/25

(not including half term)

Some groups and services are provided by external partners /agencies and are subject to change

Fri

Speech & Language

Booked appointments

Kinship Carers

Peer Support Group

9.30 - 11.30 am

Second Friday of each month

You can book onto any bookable course using the link and QR code:

www.worcestershire.gov.uk/groups



www.worcestershire.gov.uk/familyhubs

Autumn 2025

Volunteering

Would you like to volunteer with us?

We have lots of volunteer opportunities including:

- Stay, Weigh and Play volunteer
- Peer support volunteer
- Administration support volunteer

and much more!

Healthy Start Vitamins

Apply here ...



Autumn 2025

One-off workshops

Join our one-off workshops:

- Fussy Eating
- Understanding Your Teen
- Understanding Your Child's Behaviour
- Sleep



www.worcestershire.gov.uk/groups

To access the online Solihull Approach courses visit www.inourplace.co.uk for free with code : PARENTSROCK

Childcare Funding

Support with accessing funding for childcare:



UK Government

We can help you to apply for nursery and childcare funding, please call : 07738 860812



Well Child Clinics

Well Child Clinics run on :

- Mondays 9.30 am to 3 pm at Brookside Family Hub
- 1st and 3rd Tuesdays 9.30 - 11.30 am at Kidderminster Health Centre
- 2nd and 4th Wednesdays of the month 9.30 - 11.30 am at Half Crown Wood Family Hub

Please call 01905 520032 to book

What's coming up...

Please follow our Facebook page for latest activities...

www.worcestershire.gov.uk/familyhubs