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**Risk & Resilience**

**Profile 1**

Student:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Relationship: Parent/Carer  Teacher  TA/Support 

**Directions**: The following helps us to build a profile and identify how we can best support the child / young person. Please circle the response (**N**ever, **R**arely **S**ometimes, **O**ften or **A**lways) that best describes the extent that you think these have an impact for the child / young person at this time.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Continued on next page* | **N**ever | **R**arely | **S**ometimes | **O**ften | **A**lways |
| 1. Feels that ‘no one understands them’
 | N | R | S | O | A |
| 1. Feels pressure from others to attend school / rushed to return
 | N | R | S | O | A |
| 1. Appears anxious, on edge, or worried for most of the day
 | N | R | S | O | A |
| 1. Seeks a lot of reassurance, especially about upcoming events
 | N | R | S | O | A |
| 1. Appears low / shows a lack of positive emotion
 | N | R | S | O | A |
| 1. Struggles to do simple tasks they were previously capable of
 | N | R | S | O | A |
| 1. Worries what others think of them
 | N | R | S | O | A |
| 1. Is shy, self-conscious and/or easily embarrassed
 | N | R | S | O | A |
| 1. Lacks confidence in their abilities to achieve well at school
 | N | R | S | O | A |
| 1. Is fearful of making mistakes in class / avoids work activities
 | N | R | S | O | A |
| 1. Persistently talks about negative aspects of school
 | N | R | S | O | A |
| 1. Never says anything good / positive about school
 | N | R | S | O | A |
| 1. When feeling anxious / frustrated, feels this way for a long time
 | N | R | S | O | A |
| 1. Gets stuck in negative thought patterns / continues to talk about the same thing
 | N | R | S | O | A |
| 1. Has limited shared interests with peers
 | N | R | S | O | A |
| 1. Does not attend clubs with peers (inside or outside of school)
 | N | R | S | O | A |
| 1. Feels a sense of loss (e.g. due to bereavement, parental separation / divorce)
 | N | R | S | O | A |
| 1. Feels unstable with their home / school life
 | N | R | S | O | A |
| 1. Is not always certain which house they are staying at each night
 | N | R | S | O | A |
| 1. Does not know who will be at home
 | N | R | S | O | A |
| 1. Worries about their parents / carers when away from them
 | N | R | S | O | A |
| 1. Thinks that something bad might happen to their family
 | N | R | S | O | A |
| 1. Has a need to be around parents / carers to feel calm
 | N | R | S | O | A |
| 1. Stays home to spend time with family members/significant others
 | N | R | S | O | A |
| 1. Feels jealous of their brother / sister
 | N | R | S | O | A |
| 1. Often fights / argues with their brother / sister
 | N | R | S | O | A |
| 1. Does not feel comfortable leaving the house
 | N | R | S | O | A |
| 1. Only feels calm when at home
 | N | R | S | O | A |
| 1. Stays home so they can spend all day on devices/entertainment/media
 | N | R | S | O | A |
| 1. Finds it hard to come off technology, even for short periods of time
 | N | R | S | O | A |
| 1. Is viewed as an ‘anxious’ child / young person by others
 | N | R | S | O | A |
| 1. Is not encouraged to do anything which may lead to any anxiety
 | N | R | S | O | A |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **N**ever | **R**arely | **S**ometimes | **O**ften | **A**lways |
| 1. Has lost a connection to a teacher or friend
 | N | R | S | O | A |
| 1. Lacks confidence being in current classroom/s
 | N | R | S | O | A |
| 1. Is behind age-related expectations within areas of their learning
 | N | R | S | O | A |
| 1. Struggles to keep pace with the set work in class
 | N | R | S | O | A |
| 1. Dislikes going out of class for additional support
 | N | R | S | O | A |
| 1. Often feels frustrated by learning tasks
 | N | R | S | O | A |
| 1. Often falls out with / is bullied by peers
 | N | R | S | O | A |
| 1. Lacks close friendships in school
 | N | R | S | O | A |
| 1. Dislikes particular teachers / staff in school
 | N | R | S | O | A |
| 1. Struggles to talk with teachers / staff when has a difficulty
 | N | R | S | O | A |
| 1. Is anxious / fearful over particular parts of the school day (e.g. break time, specific lessons)
 | N | R | S | O | A |
| 1. Struggles during transition points in school (e.g. arriving, lesson change over)
 | N | R | S | O | A |
| 1. Feels overwhelmed by the noise / busyness in the classroom
 | N | R | S | O | A |
| 1. Does not have a place in school where they feel safe
 | N | R | S | O | A |
| 1. Feels that they will get into trouble for not attending school
 | N | R | S | O | A |
| 1. Thinks their teachers think badly of them / judge them for not attending school
 | N | R | S | O | A |

**What Is Their Current Rate Of Attendance?**

**Top 3 Most Difficult Parts Of The Day (e.g. Specific Anxieties, Times Of The Day Or Places They Feel Overwhelmed And Try To Avoid)**

**1.**

**2.**

**3.**

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**Have They Experienced Any Transitions Recently (e.g. New School, Returning After A Long Break, Moved House)?**

**Have They Experienced Any Adverse Childhood Experiences And/Or Traumatic Events (Recent Or Historical)?**

**Is There A History Of School Avoidance Within The Family?**