



Breastfeeding support

If you would like to attend one of our Breast Buddies' support groups, please email the team with your baby's name, date of birth and postcode. We will then book you a place. Partners, grandparents, friends, and older children are also welcome.

[Our Services | Herefordshire and Worcestershire Health and Care NHS Trust](#)

Email to book a place: whcnhs.breastfeedingsupport@nhs.net

District	Location	Day/time
Kidderminster	Brookside Family Hub	Every Tuesday 10:00 – 11:00am
Bromsgrove	Pear Tree Family Hub	Every 2nd and 4th Wednesday of the month from 10:00am - 11:30am
Redditch	Holly Trees Family Hub	Every 1st, 3rd and 5th Wednesday from 10:00am - 11:30am
Worcester	The Hive	Every Friday from 11:30am - 1:00pm

Request Changes

To request changes to the timetables/ lists of activities, please email hwbadmin@worcestershire.gov.uk and include FAO: Best Start Website

Third Party Website and Services Disclaimer

The Best Start website www.worcestershire.gov.uk/beststart contains links to websites and details of services owned and operated by third parties. These links and information are provided for your information and convenience only and are not an endorsement by Worcestershire County Council of the content of any linked websites or third-party services. Read the full disclaimer [here](#)



Contact the team

For individual breastfeeding support until your baby is 6-8 weeks old, please email the team.

If your baby is over 8 weeks old, you can access support at your local Breast Buddies group or NCT breastfeeding group.

You can also ask a member of the Health Visiting team for support by calling 01905 520032.

Worcestershire Welcomes Breastfeeding — [Worcestershire Welcomes Breastfeeding | Facebook](#)

Worcestershire Acute Hospitals NHS Trust - Breastfeeding support [Breastfeeding - Worcestershire Acute Hospitals NHS Trust](#)

Community, Voluntary Sector and Local Businesses

Worcestershire: Community and Voluntary

Offer	Cost	Location	Ran By Contact Details	Day/Time	Details
Support group	Free – donations welcome	Evesham The Baptist Church, WR11 4PN	NCT BF Counsellor Jane Watson Davis	Friday 12:00-2:00pm	'Evesham Breastfeeding Mothers' Do not need to be an NCT member to attend.

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Offer	Cost	Location	Ran By Contact Details	Day/Time	Details
			<i>Tel: 07770 587177</i> Facebook group: <i>'Evesham Breastfeedi ng Mothers'</i>		
Support Group	Free	Malvern The Cube, WR14 2YF	NCT BF Counsellor Frances Thurlow francesthurlow@hotmail.co.uk Facebook group: <i>'NCT Malvern Hills Baby Latte'</i>	Wednesday 11:00am- 1:00pm.	Malvern 'Baby Latte' Do not need to be an NCT member to attend.

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Offer	Cost	Location	Ran By Contact Details	Day/Time	Details
Support group	Free but donations gratefully received here: Anna Denne is fundraising for NCT	Crowle Platinum Parish Hall, WR7 4AZ	branch.worcesteranddroitwich@nct.org.uk	Tuesday 10:00 – 12pm	No need to book, please just turn up.

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Local Businesses

Offer	Cost	Location	Ran By Contact Details	Day/Time	Details
Support group	£2.50 per session	Bromsgrove The Wellbeing Tree, B61 8QY	Workshops The Wellbeing Tree	Wednesday 10:00 – 11:30am	<i>The Milkworks</i> – drop-in support group breast/chest and combi-feeding.
Support group	£5	Mini minds play village, Shawhurst Ln, Wythall, B47 5JW	Miniminds Play Village	Friday 11:15 – 12:45pm	Booking essential – link in bio!

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