

Guidance for Educational Settings Following the Death of a Child or Staff Member

**WCC Educational Psychology Service** 

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# Purpose of this guidance

When a death occurs to a close member within a school community there is usually a profound sense of shock, even if the death is expected. It is, therefore, important to have already thought through a plan of action as it is sometimes difficult to think clearly at the time of receiving such news. You may find the following guidance helpful when considering how to respond to the death of member of staff or close member of the school community.

This resource is structured into two sections. The first section provides checklists to help guide you in the event of a death for the following:

- Checklist for considerations in the event of a death of a pupil
- Checklist for considerations in the event of a death of a staff member

Within each checklist, areas of consideration are noted to help staff members reflect and identify possible actions and ways forward. This resource is not a step-by-step manual but provides a framework to help aid thinking with regards to how to support children, staff member and young people during these difficult times.

The second section includes further information on:

- Advice and guidance on breaking the news of bereavement to staff, pupils and families
- <u>Further information</u>, support and resources if death was from suspected suicide or homicide

Within this document, links to external websites and documents have been included as potential resources for schools, families and young people. While every effort has been made to check them of their suitability, external sites are not under our control and their content may change without warning. We provide these links as a service and cannot guarantee their continued suitability.

This document should be read in conjunction with the <u>Trauma Council guidance on Critical Incidents</u> in Educational Communities. Informed by research and best practice, these resources support educational communities in providing a comprehensive and compassionate response to traumatic events that affect children and young people in their care.



# Checklist for considerations in the event of the death of a pupil

Area of support and guidance	Immediate Considerations	Resources/Further information (click on underlined text to open links to resources)
Identification	<ul> <li>Who are the key people that are affected?</li> <li>Take account that the impact may be felt across the community and could include students, teaching staff, families, governors etc.</li> <li>Identify a team that can support you.</li> <li>Inform WCC through the Emergency Planning Duty Officer: 07624 909756</li> </ul>	Guidance on the first 30 minutes
Communication	<ul> <li>Who is the best person to break the news e.g. Class teacher or Head teacher?</li> <li>How far through the school does the news need to spread and have the family's views been sought in this?</li> <li>Use the Circles of Vulnerability tool (Appendix A) to identify key pupil groups or members of staff who then might need to be told first (primary school class, form group, key friends), then school, or partial school dissemination (i.e. year group) is required.</li> <li>What are the most appropriate channels for this sensitive news to be given to people? Consider people that may be absent from school and the potential impact of social media.</li> <li>What are the key messages that you want to give to the school and the wider community?</li> <li>Please see 'support for children' section below with regards to communication with students.</li> </ul>	Information on the importance of communication during bereavement in schools  Guidance to help education professionals, parents and carers tell a young person that someone has died  Guidance on telling a young person with SEND that someone has died  Guidance on communication during a sudden death  If the death is a suspected suicide:
		Guidance on talking with children and young people about suicide  Guidance for taking steps to effectively



		communicate the news
		<u>of a suicide</u>
Communication	<ul> <li>Who is the most natural member of school</li> </ul>	What to say when
with the bereaved	staff to maintain contact with the family?	someone is bereaved
family	(Allocate a key adult with an existing good	
	relationship who can field and filter	
	queries to the family).	
	<ul> <li>Is there a direct telephone line for the</li> </ul>	
	family to contact the school?	
	What support will this person need from	
	the wider staff, and who will do this?	
School response	How should the school respond? Should	
School response	cards/flowers be sent, a doorstep visit	
	made? By whom? Staff, governor?	
	<ul> <li>Have cultural and religious factors been taken into consideration?</li> </ul>	
Communication		Access to support dates
	Who needs to know? (Consider everyone	Access to supervision
with the staff	who would have had interactions with the	for staff could be
team	family and pupil when schools were in	sought from the WCC
	session) how will they be informed?	Educational Psychology
	<ul> <li>What support needs do they have? Is</li> </ul>	<u>service</u>
	anyone vulnerable and in need of	
	additional support?	Guidance on
		supporting school staff
		when a pupil dies
Communication	<ul> <li>In the event of a death, with the family's</li> </ul>	Social media
with parents and	agreement, how many parents/carers	considerations at
carers of other	should receive school communications	school in the event of a
students	giving information about what has	death
	happened and what action the school has	
	taken to support the pupils? Class/whole	
	school?	
Support for	Have there been discussions as to what	Guidance for
parents/carers	networks can support the family and the	parents/carers:
who have been	level of contact the family want?	Grieving for a child at
bereaved	<ul> <li>How will siblings/cousins be supported if</li> </ul>	any age
	they attend the school?	
	,	Support for parents
		whose baby/young
		child has died



Area of support	Later considerations	Resources/Further
and guidance	Later considerations	information
and galdanice		(click on underlined
		text to open links to
		resources)
Support for	Should there be communication to	What to say when
parents/carers of	parents/carers telling them what support is	someone is bereaved
other students	available in school for pupils and what	30meone is bereaved
other students	reactions parents/carers might expect	
	from their child so that they are prepared	Guidance for parents to
	and can offer support at home?	support them talking to
	and can oner support at nome:	children about death
		Videos for
		Parents/carers:
		Child Bereavement UK
		supporting a bereaved
		child video
		<u>crilla video</u>
		Child Bereavement UK
		explaining a funeral to
		a young child
		Child Bereavement UK
		should I be worried
		about my bereaved
		teenager
Support for	Children like adults will grieve in their own ways	Information for adults
children	and very often what they need is:	supporting and
	<ul> <li>a) To have the bereavement acknowledged</li> </ul>	communicating with
	and have the opportunity to talk about the	children:
	person who has died if they wish.	How to talk to
	<li>b) To understand that what they are feeling</li>	bereaved children
	is normal, and whatever they are feeling is	
	accepted by those around them.	Supporting a bereaved
	c) To know that there is someone in school	child through a difficult
	who will support them if they get upset.	<u>time video</u>
	d) To have their questions answered	
	honestly, in a way that they can	
	understand.	If the death was a
		suspected suicide:
	<ul> <li>How can these considerations be</li> </ul>	How to talk to children
	addressed within the school community?	and young people
	<ul> <li>What class-centred activities can be</li> </ul>	about suicide
	organised to allow for the class or group	1.6
	to come together?	Information for young
	<ul> <li>Initially it may be necessary to waive</li> </ul>	people to access:
	timetable/learning expectations for those	Website for young
	pupils badly affected by the news.	<u>people</u>
	<ul> <li>Including time to be together as a group</li> </ul>	
	with support, talking, remembering,	



	making cards, creating memory boards or books which could be added to over the coming days, may be most helpful for some. Others will want the 'routine' of school/ home teaching to continue. If possible, offer choice.	Resources, links, and access to support for young people  Books/resources: Cruse Booklist Child Bereavement Booklist
Suspected suicide postvention	<ul> <li>Undertake a circles of vulnerability exercise to identify those who may need specific support or be at additional risk. Liaise with outside organisations such as sport clubs/activity groups. Appendix A.</li> <li>Create a Suicide Prevention Action Group (SPAG) with the objective of preventing suicide attempts and unexpected/more intense self-harm, Appendix B provides, terms of references, membership and an agenda example.</li> <li>Maintain a register of suicide attempts and unexpected/more intense self-harm across the whole school population until at least the first anniversary of the death or the inquest whichever is the later. See Appendix C.</li> </ul>	Refer to the WCC Emergency Response Information Card (ERIC) for the death of a pupil or staff member.
Commemoration	<ul> <li>Pupils/staff should be supported to attend the funeral and attendance records should not be impacted as a result of their attendance.</li> <li>Should the school hold its own special memorial? If so,         <ul> <li>Who should be involved?</li> <li>What form should the service take e.g. favourite stories, poems, music, display of work, remembrance table, or friendship tree?</li> <li>This should be done in collaboration with the class and family.</li> </ul> </li> <li>Is a lasting memorial appropriate?</li> <li>If so, what would this look like?         <ul> <li>E.g. tree, trophy, book, fundraising event?</li> </ul> </li> <li>Who should be involved with decision – family/pupils?</li> </ul>	If death was a suspected suicide: Guidance on managing a memorial following a suspected suicide
The little things	What will happen to the child's desk/chair/peg? It would be as shock to return to school to see them removed without discussion and consideration and therefore let the class have some input.	



Getting further
support

Grief is a normal and natural response and most people will manage their grief responses through existing networks of support.

- Sometimes emotions can be intense and persistent, impairing day-to-day life and leaving people feeling that they cannot cope.
- Some people have found it beneficial to access help during these times through bereavement support/counselling services.

## Further information, guidance and support:

**WCC Educational Psychology Service:** This service will provide free immediate psychological support to a setting following the death of a child or staff member. If you have not been contacted by them, please email edpsychology@worcestershire.gov.uk

**Trauma Council Guidance:** Informed by research and best practice, these resources support educational communities in providing a comprehensive and compassionate response to traumatic events that affect children and young people in their care. <u>Trauma Council Guidance</u>

**Winston's Wish:** Support grieving children and young people after the death of someone important: Winston's Wish - giving hope to grieving children (winstonswish.org)

**Child Bereavement UK:** Help children, young people, parents and families rebuild their lives when a child grieves or a child dies: <u>Child Bereavement UK</u>

**Cruse UK:** Providing bereavement support and guidance: <u>Home - Cruse Bereavement Support</u> **Samaritans UK:** A range of support and guidance following the loss of someone important: <u>Samaritans</u>

<u>Every life lost to suicide is a tragedy | Here to listen</u>

Support following an attempted or suspected suicide



**Worcestershire Bereaved by Suicide Service:** A free and confidential signposting service for those bereaved and affected by suicide is provided in Worcestershire by Victim Support. <u>Worcestershire Bereaved by Suicide Service</u>

**Suicide Bereavement UK:** Resources for those bereaved or affected by suicide and for the professionals supported them. <u>Suicide Bereavement UK</u>

**Samaritans:** The Samaritans Step-by-Step programme supports schools to recover from a suspected or attempted suicide: Samaritans Step-by-Step programme

**Papyrus:** UK Charity for the prevention of suicide: <u>Papyrus UK Suicide Prevention | Prevention of Young Suicide (papyrus-uk.org)</u>

# Checklist for considerations in the event of the death of a staff member

Area of support and guidance	Immediate Considerations	Resources/Further information (click on underlined text to open links to resources)
Identification	<ul> <li>Who are the key people that are affected?</li> <li>Take account that the impact may be felt across the community and could include students, teaching staff, families, governors etc.</li> <li>Identify a team that can support you.</li> <li>For sudden or unexplained death, inform WCC through the Emergency Planning Duty Officer: 07624 909756</li> </ul>	Guidance on the first 30 minutes
Communication with the family	<ul> <li>Expression of condolence is the priority.</li> <li>Who should maintain contact with the family and is there a direct line for the family to contact the school? What support will the person contacting the family need from the wider staff, and who will do this?</li> <li>Agreement with the family about communication with the staff and the wider school community should be explored, within the first day where possible.</li> </ul>	What to say when someone is bereaved



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Communication	<ul> <li>Who will break the news to the wider staff</li> </ul>	Death of a staff
with the staff and	body? Have you thought of everyone; part	<u>member</u>
the wider school	time, peripatetic staff, those on sick/	<u>guidance</u>
body	family leave?	
	<ul> <li>What are the most appropriate channels</li> </ul>	<u>Information on the</u>
	for this sensitive news to be given to	importance of
	people?	communication during
	<ul> <li>Give time for everyone to absorb and</li> </ul>	bereavement in schools
	process the news before coming together	
	or discussing things further.	
School response	How should the school respond? Should	
	cards/flowers be sent, a doorstep visit	
	made? By whom? Staff, governor?	
	Have cultural and religious factors been	
	taken into consideration?	
Communication	With the consent of the family, a letter can	Social media
with	go home for parents/carers to explain	considerations at
parents/carers of	what has happened and what actions the	school in the event of a
students	school will take.	death
attending the	See also support for parents/carers section	
school	below.	
Communication	In the event of a death, with the family's	Social media
with parents and	agreement, how many parents/carers	considerations at
carers of other	should receive school communications	school in the event of a
students	giving information about what has	death
Stadents	happened and what action the school has	death
	taken to support the pupils? Class/whole	
	school?	
Supporting those	You will need to identify those who require	Access to supervision
members of staff	time and additional support to grieve.	for
most deeply	Who is the most natural contact for them?	staff could be sought
affected	How can staff support be channelled	from WCC Educational
directed	through this person?	Psychology Service
	Consider peer support.	1 Sychology Schrice
Dynaking the navys	·	How to tall a shild
Breaking the news to pupils	Example scripts that may be useful: "I have got something very sad to tell you. You all	How to tell a child someone has died
to pupils	know that X has been ill with cancer for a long time	someone has died
	and has not been well enough to come to school	Talling a shild with
	much lately. As you know sometimes people with	Telling a child with
	cancer do not get better, and sadly yesterday X	SEND that someone
	, , , ,	<u>has died</u>
	died. He was at home with his family."	
	o a "You may have heard shout the assident on	
	e.g. "You may have heard about the accident on	
	the motorway yesterday. Well Mrs Y was involved	
	in the crash and was taken to hospital. I am sorry	
	to have to tell you that her injuries were bad/	
	severe and she could not survive the accident. She	
	died last night."	



Area of support	Later considerations	Resources/Further
and guidance	Later Considerations	information
and Garden a		(click on underlined
		text to open links to
		resources)
Staff support and	In the coming days and weeks, you will need to	Access to supervision
coming together	find ways as a team to address the enormity of the	for
	feeling and what has happened.	staff could be sought
		from the WCC
	It may be that some team members want to talk	Educational Psychology
	and some do not.	Service
	It will be helpful to have a smaller group of people	See self-care for those
	who come together to try and co- ordinate ideas	coordinating the
	that arise as you progress through the term.	response to loss and
		grief section of this
		document
Support for	There should be communication to parents/carers	What to say when
parents/carers	telling them what support is available from school	someone is bereaved
	for pupils and what reactions parents/carers might	
	expect from their child so that they are prepared	Guidance for parents to
	and can offer support at home	support them talking to
		children about death
		Videos for
		Parents/carers:
		Child Bereavement UK
		supporting a bereaved
		<u>child video</u>
		Child Bereavement UK
		explaining a funeral to
		a young child
		a young cima
		Child Bereavement UK
		should I be worried
		about my bereaved
		<u>teenager</u>
Support for	Children like adults will grieve in their own ways	Information for adults
children	and very often what they need is:	supporting and
		communicating with
	To have the bereavement acknowledged	children:
	and have the opportunity to talk about the	How to talk to bereaved children
	person who has died if they wish.	bereaved children
	To understand that what they are feeling is normal, and whatever they are feeling is	Supporting a bereaved
	is normal, and whatever they are feeling is accepted by those around them.	child through a difficult
	<ul> <li>To know that there is someone in school</li> </ul>	time video
		time video
	who will support them if they get upset.	



	To have their questions answered	If the death are
	honestly, in a way that they can	If the death was a
	understand.	suspected suicide:
		How to talk to children
	How can these considerations be addressed within	and young people
	the school community? What class- centred	about suicide
	activities can be organised to allow for the class or	
	group to come together?	Information for young
		people to access:
	Initially it may be necessary to waive timetable/	Website for young
	learning expectations for those pupils badly	people: resources, links
	affected by the news.	and access to support
		for young people
	Including time to be together as a group with	
	support, talking, remembering, making cards,	Books/resources:
	creating memory boards or books which could be	Cruse Booklist
	added to over the coming days, may be most	Child Bereavement
	helpful for some.	Booklist
	neipiurior some.	<u> </u>
	Others will want the 'routine' of school/home	
	teaching to continue. If possible, offer choice.	
Suspected suicide:	Undertake a circles of vulnerability exercise to	Refer to the WCC
	•	
postvention	identify those who may need specific support or be	Emergency response
	at additional risk. Liaise with outside organisations	Information Card
	such as sport clubs/activity groups. Appendix A.	(ERIC) for the death of
		a pupil or staff
	The school may decide to maintain a register of	member.
	suicide attempts and unexpected/more intense	
	self-harm across the whole school population until	
	at least the first anniversary of the death or the	
	inquest whichever is the later. See Appendix C.	
Commemoration	Pupils/staff should be supported to attend the	
	funeral and attendance records should not be	
	impacted as a result of their attendance.	
	Should the school hold its own special memorial? If	
	so,	
	<ul><li>Who should be involved?</li></ul>	
	<ul> <li>What form should the service take e.g.</li> </ul>	
	favourite stories, poems, music, display of	
	work, remembrance table, and friendship	
	tree?	
	This should be done in collaboration with the class	
	and family.	
	<b>,</b>	
	Is a lasting memorial appropriate? If so,	
	What would this look like? E.g. tree,	
	trophy, book, fundraising event?	
	arophy, book, fundraising event:	
		Ĺ



	Who should be involved with decision – family/pupils?	
The little things	What will happen to the member of staff's desk/chair/mug? It would be a shock to return to school to see them removed without discussion and consideration.	
	Let staff and the class or group have input	
	How will the staff member's items be returned to the family? Will this be done in person?	
Getting further	Grief is a normal and natural response	
support	and most people will manage their grief	
	responses through existing networks of support.	
	Sometimes emotions can be intense and	
	persistent, impairing day-to-day life and leaving	
	people feeling that they cannot cope.	
	Some people have found it beneficial to access	
	help during these times through bereavement	
	support/counselling services.	

# Advice and guidance on breaking the news of bereavement to staff, pupils and families

When a death occurs to a close member within a school community there is usually a profound sense of shock, even if the death is expected. Finding what to say and how to say it is never easy in such situations. There are several overriding principles to bear in mind:

- Acknowledging the bereavement by saying or doing something is important. However you
  choose to, reach out to the person who is bereaved. It is better to say something than do
  nothing or avoid that person.
- Prepare yourself and take care of yourself throughout. Being alongside people's pain and
  distress is very difficult. You cannot shoulder people's burden and take it from them; but you
  can be there to help them with their journey. Such strong emotions will mean you will need
  to create time and space for yourself (please see self-care section of this document).

Remember (Guidance Adapted from Schonfeld & Quackenbush, 2010)

• Be present and be authentic. Speak about your feelings. Avoid manufacturing an emotional response. For example if you did not know the person it would not be appropriate to say that



you will miss them but you can empathise with the feelings and let that person know you recognise that they were important to that person

- Grief lasts beyond the delivery of the news. It may be a good idea to put important dates in
  your calendar now so that you remember in the lead up to these events that some people will
  be finding things difficult.
- You cannot make someone cry. If it happens it is because the person was feeling that way already and it is important not to avoid these situations. These emotions can feel very intense for us and you will be tempted to want to 'fix' the situation. Try to resist this temptation.
- Allow for emotional expression. People are too often told to 'be strong' or 'toughen up' to cover their feelings. A more helpful form of support is to allow them to express and talk through their emotions
- Listen. This can be enough. Allow the person affected to talk, to reminisce and express their emotions.
- Try to be comfortable with silences. Do not feel you have to talk and/ or try to make people feel better. Remember it is often enough that you are there.
- Monitor your own non-verbal communication. If you begin to feel stressed it will show; try to stay calm and relaxed as much as you can.
- Demonstrate empathy. As Brené Brown (PhD) notes "empathy has no script. There is no right
  or wrong way to do it. It's simply listening, holding space, withholding judgement, emotional
  connecting and communicating that incredibly healing message that you are not alone".

### Breaking bad news

- This is often best done as soon as the family have said it is okay to do so.
- What happened should be told simply and factually don't stray into conjecture and try to avoid clichéd phrases.

e.g. "I have got something very sad to tell you. You all know that X has been ill with cancer for a long time and has not been well enough to come to school much lately. As you know sometimes people with cancer do not get better, and sadly yesterday X died. He was at home with his family."

e.g. "You may have heard about the accident on the motorway yesterday. Well Mrs Y was involved in the crash and was taken to hospital. I am sorry to have to tell you that her injuries were so bad that she could not survive the accident and she died last night."

People will naturally ask for more information and more details. You can remind people that it is still very soon and not all information is known and not all decisions have been made yet.

For children, it is likely that you will need to check their understanding.



### What can you say to someone who is experiencing bereavement and grief?

There is no right or perfect phrasing. Be honest and share your thoughts about the person who has died. Share your condolences and your thoughts on how hard this loss must be for their friends and family.

If you are stuck for words, here are some phrases that you may find useful (with thanks and acknowledgements to Cruse Bereavement Care):

- I don't know what to say but I am so sorry to hear this news
- I'm so sad to hear this and I'm here if you need to talk.
- He/she was such a wonderful person/so selfless full of positivity/kindness [whatever feels appropriate] they will be hugely missed.
- He/she will be missed so much they were an important part of our team. You are in my thoughts
- I am so very sorry to hear this sad news. I cannot imagine how devastated you are.
- I cannot imagine the hole that she/he will have left. If you need anything, let me know.
- So very shocked and saddened by this sad news. Hard to believe [name] has gone. I am her when you need me.
- This is so heart-breaking I wish I could be there to give you a hug.

Remember that it is always better to say or do something, but here are some phrases that may **not** be as useful (Morris, 2008; Schonfeld & Quackenbush, 2010):

- They had a good life.
- At least...
- They are in a better place now.
- You have to pull yourself together.
- You have to get on with your life.
- It's been six weeks, I thought you'd be better by now.
- You've got to be strong.
- You've got to snap out of it.
- I know how you feel/exactly what you are going through.
- Both of my parents died as well when I was your age/another student's brother died last year
- I know it is difficult but you need to remember the good things in life as well.
- You must be feeling [name of feeling]

For children, avoid ambiguous phrases such as 'they have gone to a better place' or 'they have gone to sleep' 'we have lost'. Younger children in particular will be very concrete and literal in their thinking, and they may try to find that person or believe that the person will wake up (Understanding Childhood, 2020).

Further resources and information for death through suicide



- Worcestershire Bereaved by Suicide Service a free and confidential signposting service for those bereaved and affected by suicide is provided in Worcestershire by Victim Support.
- Winston Wish includes information such as resources, how to talk to a child about suicide and the potential impact of suicide
- <u>Child Bereavement UK</u> includes information on supporting children who have bereaved by suicide or possible suicide including an <u>information sheet</u> and <u>video</u> and recommended <u>books</u>
- <u>Survivors of Bereavement of Suicide</u> includes information of how to talk to a child about suicide, possible changes in behaviour, returning to school and links to resources
- Papyrus charity dedicated to the prevention of young suicide
- <u>Support After Suicide</u> information and practical guidance for those bereaved by suicide which also includes guidance booklet <u>Help is at Hand</u>

## Further information for death through homicide

- Winston Wish includes information for those supporting children bereaved by murder and manslaughter.
- <u>Child Bereavement UK</u> includes information for those supporting children bereaved by homicide including an <u>information sheet</u>

### References

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### **Definitions:**

#### Suicide ideation

Thoughts of suicide which can range from ideas about ending your life to having a specific plan.

#### Suicide attempt

When someone harms themselves with an intent to end their life.



#### **Unexpected/more intense self-harm**

Self-harm is when someone deliberately hurts themselves as a way of dealing with their emotions. Unexpected/more intense self-harm is a change in the pattern of someone's self-harm – this may be the self-harm becoming more acute, more frequent or both.

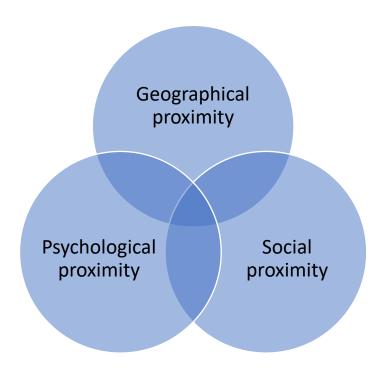
#### **Suicide contagion**

Where one or more than one person's suicide influences another person to engage in suicidal behaviour or increases their risk of suicide ideation and attempts.



# **Appendix A: Circles of Vulnerability**

The Circles of Vulnerability tool is a way of identifying which individuals or groups may require additional support or monitoring (see Appendix C) due to multiple risk factors. While originally designed for use in the case of suicide, or critical incidents, it remains a useful tool for structuring thinking.



First, consider who was geographically, or physically close to the deceased (if an incident happened for example on school grounds), or who were close to the bereaved when they found out. This may not be relevant in the case of a non-critical incident bereavement. One example is of a pupil killed by a car; who was physically present at this time?

Psychological proximity refers to those who relate to the deceased through cultural connections, shared experiences (e.g. fellow victims of bullying, team members, classmates, etc.) or the perception of having similar characteristics.

Social proximity refers to the relationships someone has with the person who died. This can include family, friends, social circles, or a romantic interest.

The more circles an individual is in, the more likely it is that they are at increased risk of vulnerability and may require additional support.



# Appendix B: Terms of Reference for a Suicide Postvention Action Group (SPAG)

#### Terms of Reference

#### Aim

To prevent a further suicide, self-harm or a cluster of responses from developing. To minimise the longer term mental and emotional distress, and its impact, that arises from a suspected suicide.

#### **Objectives**

- To decide what action needs to be taken to minimise the chance of further injuries or deaths

   particularly protecting vulnerable and impressionable individuals.
- To oversee and co-ordinate the action needed to support young people impacted by a suspected suicide of a pupil.
- To co-ordinate this response across agencies.
- To escalate any concerns to Public Health on <a href="mailto:rts@worcestershire.gov.uk">rts@worcestershire.gov.uk</a> (Real Time Surveillance) or telephone 01905 768053 and ask for the Suicide Prevention Team, Public Health.

#### Membership

- WCC Safeguarding lead (Chair)
- Headteacher
- School DSL(s)
- Senior Mental Health Lead
- Mental health support (WEST or Act on It worker)
- Educational Psychologist
- SUDIC Nurse
- Bereaved by suicide service
- CAMHS
- School Nurse
- Note taker

#### Optional

WCC Comms

If a possible cluster of self harm or attempted suicide is of concern as a result of using the tool in Appendix C, contact rts@worcestersire.gov.uk and invite to the SPAG:

- Primary Care rep e.g. GP
- Public Health rep

#### Frequency of meetings

This will be dependent on the planned action and timescales. It is suggested meetings be initially more frequent but at least once a term and at least until after the first anniversary of the death or the inquest whichever is the later.



#### **Notes**

Action notes will be kept and circulated after each meeting.

#### **Accountability**

- The WCC Safeguarding Lead is responsible for initiating the SPAG but all members are expected to respond and attend meetings. WCC will chair the meetings via the Safeguarding Lead.
- The SPAG will report on action taken (maintaining confidentiality) to the Board of Governors and Director of Education.

# **XXXX School Suicide Prevention Action Group Agenda**

Date: Time:

Online joining details

Introductions		Lead By:
Meeting confidentiality statement	Information shared by agency representatives within the remit of this meeting is strictly confidential and must not be disclosed to third parties without the agreement of the partners and the consent of the Chair of the meeting.	
	Information will be shared on a 'need to know' basis and a clear distinction should be made between fact and opinion. If there is any doubt about its accuracy this should be stated.	
	All agencies should ensure that the minutes of the meeting are treated as confidential material and that they are retained in an appropriately secure manner.'	
	By attending this meeting we, as participants, agree to abide by these principles.	
Local situation: Background	<ul> <li>Context around the suspected suicide</li> <li>Report on monitoring of CYP who have expressed suicidal ideation, suicide attempts, unexpected or more intensive self-harm (Appendix C record)</li> <li>Evidence of contagion?</li> <li>Confirmation about information sharing and</li> </ul>	SUDIC nurse/school School
Action taken to date	password protection  Safeguarding (WCC & school) School Education Psychology	All



	SUDIC Nurse	
	Bereaved by suicide service	
	• CAMHS	
	School Nurse	
Bereavement		
Support		
Comms		
Outstanding concerns		All
and actions needed		

Wider-system issues	Lead By:
Possible system-wide response/support needs e.g. process change, wider	
health promotion, wider surveillance needs, additional monitoring.	
Opportunities for preventative action	
AOD	All
AOB	All
Next meeting	

Ref: <u>Identifying and responding to suicide clusters</u> (<u>publishing.service.gov.uk</u>)

# Appendix C: Register of suicide attempts and unexpected/more intense self-harm

Confidentiality, no names, password protection, restrict sharing.

<u>Please use this spreadsheet (available to download via Google Drive)</u> to record cases of suicide attempts or self-harm that are or maybe related to the original suspected suicide.

