



Virtual Schools: TIAAS (Trauma Informed Attachment Aware Settings) in Worcestershire

March to August 2025

Edition I (correct 19.03.2025)

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Overview

Worcestershire Virtual School is dedicated to ensuring that all education settings within Worcestershire are Trauma Informed and Attachment Aware Settings (TIAAS). TIAAS improves academic outcomes, attendance, and wellbeing.

We recognise that the TIAAS path takes time, is rightly tailored to each setting and that different settings are at different stages in their journey. In recognition of this, Worcestershire Virtual School have expanded our TIAAS training menu to offer something suitable for everyone.

This menu consists not only of TIAAS training but also support with implementation and support for accreditation through the Attachment Research Community. You will also be supported as part of a growing TIAAS network in Worcestershire and beyond.

All of the training outlined below is fully funded by Worcestershire Virtual School and so is completely free to you!

Previous delegate feedback

“The TIS approach has prevented us excluding several of our children, it has given us a way of supporting and understanding them.”

“Changes in staff to child relationships has led to a positive culture and atmosphere. School is a lovely place to be for everyone.”

“The training has really cemented what we are doing as a school and increased my own personal toolkit.”

“Every teacher in our school has now been PACE trained and this has had a huge impact across the whole school, we had a pupil doing 1 hour a day and they are now attending school full time.”



Introduction to the TIAAS Pathway

If you are interested in understanding more about the TiAAS (Trauma Informed Attachment Aware settings) within Worcestershire, then watch our [Introduction to TIAAS Pathway available on Worcestershire Children First \(youtube.com\)](#)

Led by Worcestershire Virtual School and WCF: Educational Psychology Team the webcast will explore how the ARC pathway can support schools and settings to gain formal, national recognition of your practice from Bronze, Silver, Gold through to Hub centre of excellence.

Ensuring anyone who watches will come away knowing:

- What does TiAAS mean to my setting?
- What is expected from me?
- What support can I get?

Watch free via our YouTube channel - [Introduction to TIAAS Pathway available on Worcestershire Children First \(youtube.com\)](#)

TIAAS Network Meeting

An opportunity to come together, share what's working well and co-construct the Worcestershire TIAAS (Trauma Informed Attachment Aware settings) Pathway.

Open to all schools / settings regardless of whether they attended the Introduction to Worcestershire TIAAS Pathway or not.

Cost: Free and a maximum of two delegates per school / setting

- 13 May 2025, 3.45pm to 5.15pm, virtual delivery, course code: 10444 / 90367

Level 1 training

How do we engage families through trauma informed practices? *NEW*

In this interactive online training, we will explore meaningful family engagement through the lens of trauma-informed practices. Participants will learn how to effectively engage families and foster investment in their child's success using a trauma-sensitive approach. The session will also include exploration of frameworks created to provide a trauma-informed approach, practical real-world strategies to support and discussions around our own biases as practitioners. A blend of taught content, discussions and collaborative breakout groups will be used to equip educators with the tools needed to support families.

Cost: Free

- 10 June 2025, 3.30pm to 5pm, virtual delivery, course code: 10522/ 90645

Language Matters and Words have power - from a trauma perspective *NEW*

Transforming Lives, One Word at a Time: Trauma-Informed Language for Practitioners Working with Children and Young People

"Language Matters and Words Have Power, from a Trauma Perspective," presented by the Educational Psychology Service.

How we speak about young people and their lives and experiences matters. In this insightful online program, you'll delve deep into the psychology of language and its formative role in shaping children and young people's realities.

This is an opportunity to think about how you communicate with children and about the young lives you impact daily; a chance to equip yourself with the tools to inspire resilience, healing, and post-traumatic growth through the power of conscientious language.

Cost: Free

- 19 May 2025, 3.30pm to 5pm, virtual delivery, course code: 10512 / 90377

Adverse Childhood Experiences: Early Trauma Online Learning

- Cost Free
- Access directly via the [ACEs \(acesonlinelearning.com\) website \(opens in new window\)](https://acesonlinelearning.com)

Emotion Coaching and Pace: webcast

This webcast delivered by our Education Psychology team will allow participants to consider how to use emotion coaching and PACE in their settings.

PACE stands for Playfulness, Acceptance, Curiosity and Empathy; which is a flexible approach developed by Dan Hughes to help adults to form safe, trusting and meaningful relationships with young people who have experienced trauma.

The course is aimed at anyone who lives, works or cares for young people, as the application of both emotion coaching and PACE are applicable across the age range and across settings. The training is an introduction to these principles, and an opportunity to practice these skills, as well as share practice. It will allow time to share good practice with other participants, and practice the approaches shared.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search “course code 10489”

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

The Neuroscience that underpins Adverse Childhood Experiences (ACE's): webcast

This engaging webcast course aims to equip professionals with an understanding of what is meant by adverse childhood experiences (ACEs) and how they can affect a child or young person. We will look at what is going on in the brain when children have experienced toxic stress and we will consider how this can affect ongoing development and challenges associated with a school/learning environment.

The session is interactive and practical, offering opportunities to consider how we can adapt our practice to support those who have experienced ACE's, based on evidence and case studies about what has been shown to work as part of a Trauma Informed and Attachment Aware approach.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search “course code 10490”

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

Level 3 training

Trauma Informed Schools UK: Senior Leads Training

This course is designed to support Senior Leads to implement trauma-informed and mentally healthy practices into their schools and organisations. TISUK recognises the importance of the commitment and determination of Senior Leads to fully embed any approach or cultural change. The course will ensure that Senior Leads have the knowledge, skills and understanding to optimise the well-being of both adults and pupils in their school and drive this crucial cultural change.

Delegates will gain a wealth of effective, time and money-saving ways of working with a child's challenging behaviour and the mental health issues that block learning. This course provides a comprehensive overview of the 10- day course Diploma in Trauma and Mental Health Informed Schools and Communities (Practitioner Status) enabling Senior Leads to fully support the TMHi practitioners they send on the Diploma course, many of whom could then become the school's Mental Health Lead.

The course aims to positively impact on pupils, staff and the whole school community, moving towards developing a mentally healthy culture for all. The highly innovative relational, regulatory and reflective skills are backed by over 1000 evidence-based studies in neuroscience and psychology. Each course is informed by the work of senior psychologists and educators.

- Cohort 11: 10 and 11 March 2025
- Delivered by Jill Mahon TIS UK
- Book directly via Virtual School by emailing virtualschool@worcestershire.gov.uk

Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health

Professor Tamsin Ford (University of Exeter Medical School) states that “schools are a front-line service in relation to mental health” (2018). In light of this, our practical skills-based training course underpinned by over 1000 evidence-based psychological, medical and neuroscientific research studies, is designed to inform and empower school staff to respond effectively to vulnerable children and those who have suffered a trauma or have a mental health issue. Without such interventions, painful life experiences are likely to present in challenging behaviour and/or blocks to learning.

The training provides delegates with key insights into the psychology and neuroscience of mental ill-health and challenging behaviour alongside vital tools and techniques in knowing how to respond to a child’s narrative of painful life events. So often this is enough to prevent years of suffering and the medicalising of their distress with psychiatric labels and medication. Delegates will also be trained to know when to seek the support of psychologist-led supervision and when, due to limits of competence, to refer on. The course not only focuses on work with individual children but also on changing whole school cultures to be mentally healthy for all. The curriculum covers interventions designed specifically to address teacher stress, teacher absence and poor staff retention.

If you want to change troubled children’s lives, reduce exclusions, improve pupil attendance and staff retention, while positively impacting on the mental health of the school

The next cohort would likely be September 2025 please contact the Virtual School by emailing virtualschool@worcestershires.gov.uk to clarify future dates

NEW - The Family Place training

The Family Place is a specialist therapeutic service providing assessment, therapy, training and professional consultation to organisations including schools, colleges and early years settings. We provide therapy interventions for children, young people and families who have experienced early years developmental trauma, including adoptive, foster, SGO and kinship care families. All our trainers are highly qualified clinicians and have deep understanding about the real challenges facing parents and carers. For more information about The Family Place visit www.thefamilyplace.co.uk.

Understanding the changing adolescent brain to improve engagement in education

This online workshop is for educational professionals and explores changes to the teenage brain, what is happening inside the brain structure during adolescence, and how this presents. The aim is to deepen educators' understanding leading to improved pupil engagement and participation in learning.

Learning Objectives

- Overview of the teenage brain - what's happening inside?
- What does that look like on the outside?
- Impact - emotions, behaviours and daily life
- Key social, cultural and hormonal factors
- The teenage brain and trauma
- Impacts of developmental trauma in adolescence
- Attachment and relationships
- How this impacts access to education
- What can supporting adults do?
- Resources for teenagers and parents

Cost: Free

Max spaces 20

- 09 April 2025, 3.30pm to 5.30pm, virtual delivery, course code: 10562

Understanding what is meant by Blocked Trust and Blocked Care, the impact on the education system and relationships

This online workshop is for educational professionals supporting children and young people with trauma needs. The session will explore blocked care: what it is, how it develops, as well as differentiating it from other terms such as compassion fatigue, to think about different presentations within families, and within the professional network. There will be discussion, experiential exercises and slide presentation

This workshop will look at:

- Research findings blocked trust and blocked care in adoption and the impact on children
- The impact of blocked care on children, young people and those round them and how to recognise this
- How to explore capacity within relationships - to recognise blocked care and supportive responses
- Good practice on how professionals can respond and intervene in order to work through indications of blocked care
- Implications for school/college relationships

Cost: Free

Max spaces 20

- 11 June 2025, 3.30pm to 5.30pm, virtual delivery, course code: 10563

Understanding how music and rhythm can be used by all education staff to support a child's emotional regulation

This online workshop is for educational professionals will explore different ways to use music and rhythm in an educational setting to help with regulation, expression, communication and managing transitions. Music means something to us all, creating an individual and personal response. Music and rhythm can be motivating and relaxing, creating a biochemical response in the brain. Sound is also the fastest way to stimulate the brain and shape change!

Learning Objectives

- A workshop for all where practical ideas will be shared and explored
- How to use music in everyday routines at school
- How to use music in periods of dysregulation, in order to support emotional regulation
- Enhance your educators tool kit

Cost: Free

Max spaces 20

- 10 July 2025, 3.30pm to 5.30pm, virtual delivery, course code: 10564

Support with booking direct to Virtual School

The Virtual School will be managing bookings for Level 3 courses only.

If you would like any further information regarding Level 3 courses, have any queries about booking or the commitment / expectation once enrolled please contact Virtual School by emailing virtualschool@worcestershire.gov.uk

If you contact the training team regarding Level 3 courses, queries will be passed onto the Virtual School team accordingly.

Support with booking via CPD

CPD portal will be used for Level 1 and Level 2 courses only, if you have previously enquired about a space on a level 1 or level 2 course via Virtual School then these bookings have been shared accordingly.

How to book using CPD online:

1. Visit [WCC: CPD](#)
2. Enter your email and password
3. Select the course via searching for a key word or under all course types the category
4. Find the course and press select on the date you wish to book
5. Press Book on Course
6. Check the details of the person booking the course aka the CPD leader are correct
7. Confirm if the place is for the CPD leader or another member of staff and press next
8. If it's for the CPD leader, then you skip to step 10.
9. If it's for another member of staff complete all the fields
10. Press submit
11. Confirmation is IMMEDIATELY issued to the delegate email provided

Problems with CPD online

Technical problems, account queries, password re-sets, staff not attached to your establishment, staff that have left, duplicate staff, and any questions regarding booking training then contact training & conference team, telephone 01905 844 420 or email Workforcesupport@worcestershire.gov.uk

Confirmation

All course confirmations occur at the time of the booking on CPD online therefore no further joining instructions will be sent out. It is the responsibility of those booking training to ensure that all cancellations and transfers follow our terms and conditions.

Please ensure that any handouts attached to the confirmation email are brought along to the training.

We would like to remind delegates if you are due to attend a virtual training course, and you have not received your joining instructions please contact the training team a **minimum of 5 days** before your course is due to take place. The training team cannot guarantee that

they will be available the 24 hours before your course to be able to reissue joining instructions and/ or provide support. The training & conference team can be contacted on 01905 844 420 or email workforcesupport@worcschildren.org.uk

Waiting lists

We operate waiting lists for all our courses. As places become available, they will be allocated based upon the date and time of your original booking. You will be contacted by telephone/email to offer you the available place.

Certificates

Once a course is marked as held (bearing in mind a trainer has 10 days to return a register), certificates are immediately issued via email to the delegate email provided for this course.

Cancellations

All cancellations must be made on CPD online

If you wish to supply additional information in support of your cancellation, then please email the relevant team.

Training team availability

The training team will be available to speak to directly between 8.30am to 4pm by calling 01905 844 420 / 844 030. Any voicemails received will be responded to accordingly based on date / time.

If we are not available, we highly recommend emailing workforcesupport@worcestershires.gov.uk. All emails will be responded to based upon date / time of enquiry.