

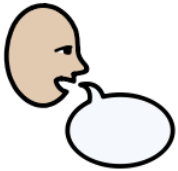


# What should I do?



## Speak to someone you trust

Try speaking to trusted friends or family about what's happened. They may have gone through similar experiences or be able to provide you with emotional support through a difficult period.



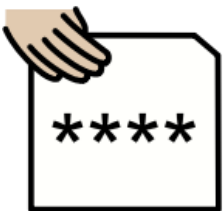
## Report it

If you've been scammed, it's important to report this as soon as possible.



## Contact your bank

If you think that you may have been scammed, it might not be too late to stop it if you act fast. Contact your provider and tell them what's happened. Make sure you give as much information as possible, such as who you made the payment to and why you think it might be a scam.



## Change your password

You may have lost personal information such as bank account and address details. In this case, it's important to change any passwords as soon as you can.



## Look out for any unusual activity on your emails and bank account

If you've already been victim to a scam, it's likely you could be targeted again, or have your information shared or sold to other scammers.