Tips for online safety

THERE ARE LOTS OF THINGS YOU CAN DO TO KEEP YOURSELF SAFE ONLINE.

•**Think before you post**
Don't upload or share anything you wouldn't want your parents, carers, teachers or future employers seeing. Once you post something, you lose control of it, especially if someone else screenshots or shares it.

•**Don't share personal details**
Keep things like your address, phone number, full name, school and date of birth private, and check what people can see in your privacy settings.

•**Watch out for scams**
Never click links from emails or messages that ask you to log in or share your details, even if you think they might be genuine. If you're asked to log into a website, go to the app or site directly instead.

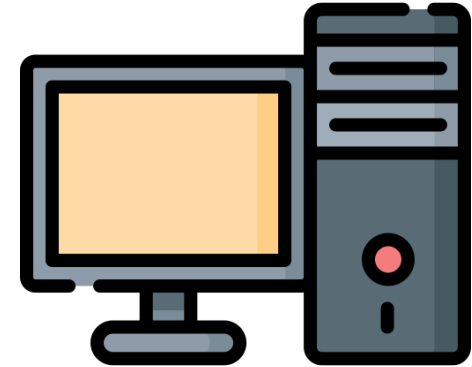•**Think about who you're talking to**
There are lots of ways that people try to trick you into trusting them online. Even if you like and trust someone you've met online, never share personal information with them.

•**Keep your device secure**
Make sure that you're keeping your information and device secure.

•**Never give out your password**
You should never give out your password or log-in information. Make sure you pick strong, easy to remember passwords.

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PASSPORT TO DIGITAL

Tips for online safety

S Speak to somebody if you need help

A Ask an adult before going online

F Friends are real people we know

E Enjoy play, have fun and stay safe

e-safety adviser

stay safe online
Remember the 5 SMART rules when using the internet and mobile phones.

S **SAFE:** Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

m **MEET:** Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

a **ACCEPTING:** Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

r **RELIABLE:** Someone online might lie about who they are, and information on the internet may not be true. Always check information with other websites, books or someone who knows.

t **TELL:** Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.