



PASSPORT TO HEALTH AND SOCIAL CARE UNIT 3: DIGNITY IN CARE ELEMENT 3: ASSISTING WITH MEALTIMES



Worcestershire Local Enterprise Partnership





DIGNITY IN CARE

ELEMENT 3: ASSISTING WITH MEALTIMES

DURATION: 4 SESSIONS

YEAR GROUP: KS3/4 OR 5

STUDENTS WILL:

- Identify who would benefit from mealtime assistance >
- Understand why someone might needs mealtime assistance >
- Recognise types of equipment and uses >
- Practice and develop skills directly related to Health and Social Care >
- Develop life skills >
- Develop employability skills for future employment >
- Hold employee encounters virtual and face to face >
- Acquire and develop an appropriate vocabulary in writing and spoken > language

KEY WORDS:

> Person-centred care

> Personalised support

Listen to and understand spoken language and use spoken Standard > English when appropriate

> Care

> Dignity

ADDITIONAL NEEDS:

Teachers to differentiate according to need >

NOCN QUALIFICATION:

NOCN Links:

- > Assisting at Mealtimes F/650/0972
- Learning Outcome 2
- Learning Outcome 3

You can gather evidence through using teacher observation and assessment, photos and activities.

SKILLS USED FROM **SKILLS BUILDER:**

- Listenina > Problem >
- Speaking >
- Teamwork > Stavina
- Positive Aiming > High

> Creativity

Solving

RESOURCES FOR ALL LESSONS:

- Computer and internet access >
- Paper and pens >

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- **UN3E301** Why someone might need help
- **UN3E302** Who might need help >
- **UN3E303** Mealtime equipment >
- **UN3E304** What PPE do I need? >
- **UN3E305** Step by step >

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- **UN3E206** Healthcare Assistant job > description
- **UN2E305** PPF >
- Mealtime equipment >

PASSPORT TO HEALTH AND SOCIAL CARE

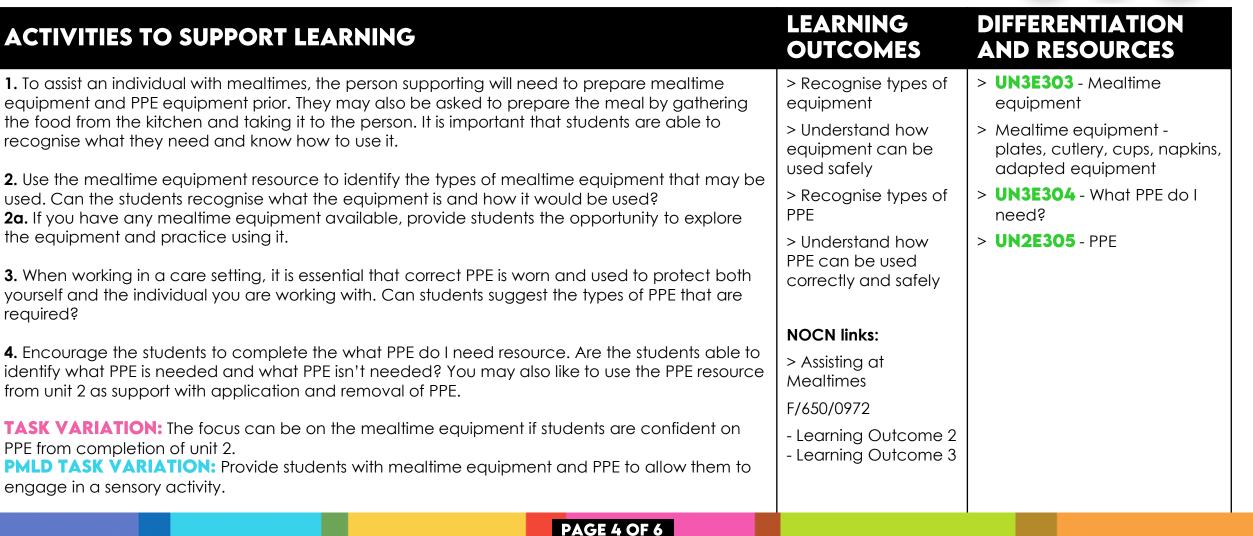
SESSION 1: WHO WOULD NEED ASSISTANCE?



SESSION 1: WHO WOULD NEED ASSISTANCE?	STENTING STENTING STEAKING	
ACTIVITIES TO SUPPORT LEARNING	LEARNING OUTCOMES	DIFFERENTIATION AND RESOURCES
1. There are many different reasons why someone might need assistance with eating and drinking. Can the students suggest their thoughts on why someone might need help?	> Recognise who might need mealtime assistance	> UN3E201 - Why someone might need help
2. Refer to the why someone might need help resource and discuss with student's their thoughts. Can the students recognise the different needs and how that might require mealtime assistance?	> Understand why someone might need mealtime assistance	> UN3E203 - Who might need help
 3. It is important for students to recognise that people of all ages and abilities may require mealtime assistance based on their individual needs. When working with people, it is important not to make assumptions and to encourage independence where appropriate. For example, if an elderly person is physically able, they may be able to feed themselves with adapted equipment. Assistance is not always physical, you may be providing support through encouragement. 4. Use the who might need help resource and discuss with students the different people who they might assist with eating and drinking when working in the Health and Social Care sector. TASK VARIATION: Some students may need more guidance and prompts to recognise the different needs in both resources. Support and information can be found here: Promoting independence How to feed someone you care for 	NOCN links: > Assisting at Mealtimes F/650/0972 - Learning Outcome 2 - Learning Outcome 3	

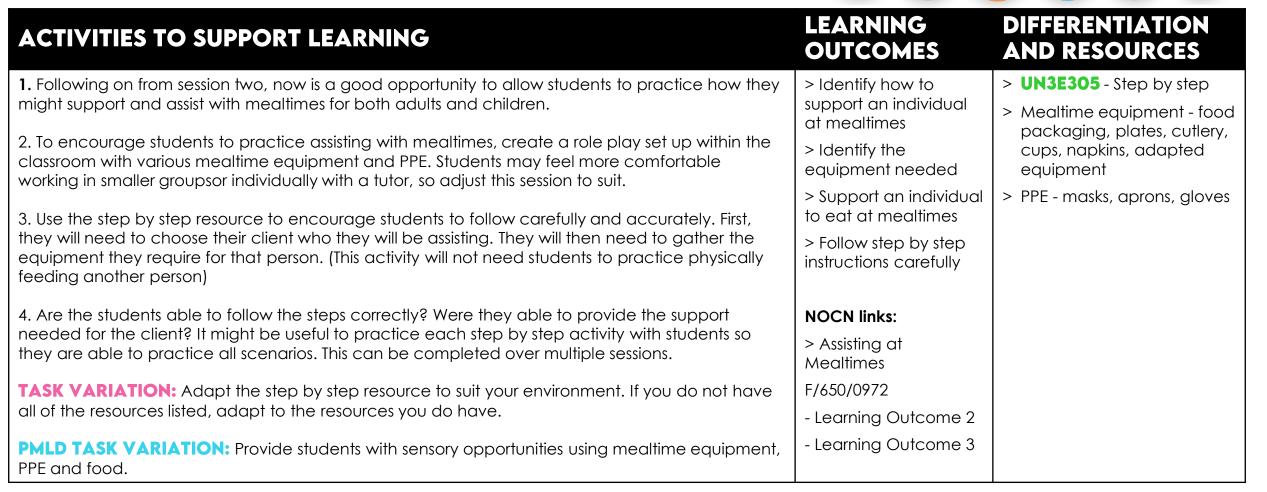
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SESSION 2: MEALTIME PREPARATION





SESSION 3: SUPPORTING MEALTIMES ACTIVITY





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SESSION 4: JOB DESCRIPTION EXPLORATION



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ACTIVITIES TO SUPPORT LEARNING	LEARNING OUTCOMES	DIFFERENTIATION AND RESOURCES
Allow the students to look over the job description: See if they have met any of the skills through the sessions? Did they find any of the skills easy? Did they find anything difficult? Had they completed some of the tasks before? See if this would be something they would like to do as a job? For those that wish to, you could hold a mock interview asking questions around the skills they have learned related to the Health and Social Care sector. Use the <u>Your Future Opportunities</u> job directory to search for relevant job profiles within the sector. You might like to encourage learners to identify and look at: • Different job roles • Qualifications required • Local job vacancies	Skill identification Linking activity to careers and subject learning > Speaking > Listening > Reading	> UN3E306 - Healthcare assistant job description