



Passwords

DOS



- \checkmark Use a different password for each of your important accounts.
- ✓ Use at least eight characters. The longer the better (as long as you can remember it!).
- ✓ Use combinations of letters (uppercase and lowercase), numbers, and symbols.
- Make your passwords memorable so you don't need to write them down, which would be risky.
- Immediately change your password if you think someone else knows it (besides a parent or guardian).
- ✓ Change your passwords every now and then.
- Consider using a password manager, such as one built into your browser, to remember your passwords. This way you can use a unique password for each of your accounts and not have to remember them all.

DON'TS

- X Don't use personal information (name, address, email, phone number, national insurance number, mother's maiden name, birth dates or even a pet's name, etc.) in your password.
- X Don't use a password that's easy to guess, like your nickname, name of your school, favourite football team, etc.
- X Don't share your password with anyone other than your parents or guardian.
- X Never write passwords down where someone can find them