

## Virtual Schools: TIAAS (Trauma Informed Attachment Aware Settings) in Worcestershire

March 2024 to January 2024

Edition 5 (correct 06.03.2024)



“The TIS approach has prevented us excluding several of our children, it has given us a way of supporting and understanding them.”

“Changes in staff to child relationships has led to a really positive culture and atmosphere. School is a lovely place to be for everyone.”



“The training has really cemented what we are doing as a school and increased my own personal toolkit.”

“Every teacher in our school has now been PACE trained and this has had a huge impact across the whole school, we had a pupil doing 1 hour a day and they are now attending school full time.”

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Worcestershire Virtual School is dedicated to ensuring that all education settings within Worcestershire are Trauma Informed and Attachment Aware Settings (TIAAS). TIAAS improves academic outcomes, attendance, and wellbeing.

We recognise that the TIAAS path takes time, is rightly tailored to each setting and that different settings are at different stages in their journey. In recognition of this, Worcestershire Virtual School have expanded our TIAAS training menu to offer something suitable for everyone.

This menu consists not only of TIAAS training but also support with implementation and support for accreditation through the Attachment Research Community. You will also be supported as part of a growing TIAAS network in Worcestershire and beyond.

All of the training outlined below is fully funded by Worcestershire Virtual School and so is completely free to you!

## TIAAS Network Meeting

An opportunity to come together, share what's working well and co-construct the Worcestershire TIAAS (Trauma Informed Attachment Aware settings) Pathway.

Open to all schools / settings regardless of whether they attended the Introduction to Worcestershire TIAAS Pathway or not.

Cost: Free and a maximum of two delegates per school / setting

- 17 June 2024, 3.45pm to 5pm, virtual delivery, course code: 10444 / 84823
- Book via [CPD \(opens in new window\)](#) using your school CPD Leader login details

## Level 1 training

### Emotion Coaching and Pace

PACE stands for Playfulness, Acceptance, Curiosity and Empathy; which is a flexible approach developed by Dan Hughes to help adults to form safe, trusting and meaningful relationships with young people who have experienced trauma.

The course is aimed at anyone who lives, works or cares for young people, as the application of both emotion coaching and PACE are applicable across the age range and across settings. The training is an introduction to these principles, and an opportunity to practice these skills, as well as share practice. It will allow time to share good practice with other participants, and practice the approaches shared.

- Cost: Free
- 20 March 2024, 3.30pm to 5pm, virtual delivery, course code: 10073 / 83922
- Book via [CPD \(opens in new window\)](#) using your school CPD Leader login details

## The Neuroscience that underpins Adverse Childhood Experiences (ACE's)

This engaging training course aims to equip professionals with an understanding of what is meant by adverse childhood experiences (ACEs) and how they can affect a child or young person. We will look at what is going on in the brain when children have experienced toxic stress and we will consider how this can affect ongoing development and challenges associated with a school/learning environment.

The session is interactive and practical, offering opportunities to consider how we can adapt our practice to support those who have experienced ACE's, based on evidence and case studies about what has been shown to work as part of a Trauma Informed and Attachment Aware approach.

- Dates are currently being planned for 2024 / 2025

## Adverse Childhood Experiences: Early Trauma Online Learning

- Cost Free
- Access directly via the [ACEs \(acesonlinelearning.com\) website \(opens in new window\)](https://acesonlinelearning.com)

## Level 2 training

### Whole School Implementation of Trauma and Mental Health Informed Schools & Communities

- Delivered by Jill Mahon TIS UK
- Option 2: 4 x 1.5-hour delivery on 12 March, 15 April, 22 May and 10 June 2024 from 3.45pm to 5.15pm
- Book directly via Virtual School by emailing [virtualschool@worcschildrenfirst.org.uk](mailto:virtualschool@worcschildrenfirst.org.uk)

## Level 3 training

### Trauma Informed Schools UK: Senior Leads Training

This course is designed to support Senior Leads to implement trauma-informed and mentally healthy practices into their schools and organisations. TISUK recognises the importance of the commitment and determination of Senior Leads to fully embed any approach or cultural change. The course will ensure that Senior Leads have the knowledge, skills and understanding to optimise the well-being of both adults and pupils in their school and drive this crucial cultural change.

Delegates will gain a wealth of effective, time and money-saving ways of working with a child's challenging behaviour and the mental health issues that block learning. This course provides a comprehensive overview of the 10- day course Diploma in Trauma and Mental Health Informed Schools and Communities (Practitioner Status) enabling Senior Leads to fully support the TMHi practitioners they send on the Diploma course, many of whom could then become the school's Mental Health Lead.

The course aims to positively impact on pupils, staff and the whole school community, moving towards developing a mentally-healthy culture for all. The highly innovative relational, regulatory

and reflective skills are backed by over 1000 evidence-based studies in neuroscience and psychology. Each course is informed by the work of senior psychologists and educators.

- Cohort 10: 11 and 12 November 2024
- Cohort 11: 10 and 11 March 2025
- Delivered by Jill Mahon TIS UK
- Book directly via Virtual School by emailing [virtualschool@worcschildrenfirst.org.uk](mailto:virtualschool@worcschildrenfirst.org.uk)

## Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health

Professor Tamsin Ford (University of Exeter Medical School) states that “schools are a front-line service in relation to mental health” (2018). In light of this, our practical skills-based training course underpinned by over 1000 evidence-based psychological, medical and neuroscientific research studies, is designed to inform and empower school staff to respond effectively to vulnerable children and those who have suffered a trauma or have a mental health issue. Without such interventions, painful life experiences are likely to present in challenging behaviour and/or blocks to learning.

The training provides delegates with key insights into the psychology and neuroscience of mental ill-health and challenging behaviour alongside vital tools and techniques in knowing how to respond to a child’s narrative of painful life events. So often this is enough to prevent years of suffering and the medicalising of their distress with psychiatric labels and medication. Delegates will also be trained to know when to seek the support of psychologist-led supervision and when, due to limits of competence, to refer on. The course not only focuses on work with individual children but also on changing whole school cultures to be mentally healthy for all. The curriculum covers interventions designed specifically to address teacher stress, teacher absence and poor staff retention.

If you want to change troubled children’s lives, reduce exclusions, improve pupil attendance and staff retention, while positively impacting on the mental health of the school

### 11-day course starting September 2024

- Days 1 & 2: 30th Sept & 1st Oct 2024
- Days 3 & 4: 4th & 5th Nov 2024
- Days 5 & 6: 2nd & 3rd Dec 2024
- Days 7 & 8: 20th & 21st Jan 2025
- Days 9 & 10: 25th & 26 Feb 2025
- Assessment Day: 24th March 2025
- Each day is 9am to 4pm
- Delivered by Jill Mahon TIS UK
- Book directly via Virtual School by emailing [virtualschool@worcschildrenfirst.org.uk](mailto:virtualschool@worcschildrenfirst.org.uk)

### 11-day course starting January 2025

- Days 1 & 2: 13th & 14th Jan 2025
- Days 3 & 4: 3rd & 4th Feb 2025
- Days 5 & 6: 3rd & 4th March 2025
- Days 7 & 8: 31st March & 1st April 2025
- Days 9 & 10: 3rd & 4th June 2025
- Assessment Day: 01 July 2025

- Each day is 9am to 4pm
- Delivered by Jill Mahon TIS UK
- Book directly via Virtual School by emailing [virtualschool@worcschildrenfirst.org.uk](mailto:virtualschool@worcschildrenfirst.org.uk)

## Support with booking direct to Virtual School

The Virtual School will be managing bookings for Level 2 and Level 3 courses only.

If you would like any further information regarding Level 2 or 3 courses, have any queries about booking or the commitment / expectation once enrolled please contact Virtual School by emailing [virtualschool@Worcschildrenfirst.org.uk](mailto:virtualschool@Worcschildrenfirst.org.uk)

If you contact the training team regarding Level 2 / 3 courses, queries will be passed onto the Virtual School team accordingly.

## Support with booking via CPD

WCF CPD portal will be used for Level 1 courses only, if you have previously enquired about a space on a level 1 course via Virtual School then these bookings have been shared accordingly.

### How to book using CPD online:

1. Visit [WCF: CPD](#)
2. Enter your email and password
3. Select the course via searching for a key word or under all course types the category
4. Find the course and press select on the date you wish to book
5. Press Book on Course
6. Check the details of the person booking the course aka the CPD leader are correct
7. Confirm if the place is for the CPD leader or another member of staff and press next
8. If it's for the CPD leader, then you skip to step 10.
9. If it's for another member of staff complete all the fields
10. Press submit
11. Confirmation is IMMEDIATELY issued to the delegate email provided

### Problems with CPD online

Technical problems, account queries, password re-sets, staff not attached to your establishment, staff that have left, duplicate staff, and any questions regarding booking training then contact training team, telephone 01905 844 420 or email [WorkforceSupport@worcschildrenfirst.org.uk](mailto:WorkforceSupport@worcschildrenfirst.org.uk)

### Confirmation

All course confirmations occur at the time of the booking on CPD online therefore no further joining instructions will be sent out. It is the responsibility of those booking training to ensure that all cancellations and transfers follow our terms and conditions.

Please ensure that any handouts attached to the confirmation email are brought along to the training.

We would like to remind delegates if you are due to attend a virtual training course, and you have not received your joining instructions please contact the training team a **minimum of 5 days** before your course is due to take place. The training team cannot guarantee that they will be available the 24 hours before your course to be able to reissue joining instructions and/ or provide support. The training team can be contacted on 01905 844 420 or email [workforcesupport@worcschildren.org.uk](mailto:workforcesupport@worcschildren.org.uk)

## Waiting lists

We operate waiting lists for all our courses. As places become available, they will be allocated based upon the date and time of your original booking. You will be contacted by telephone/email to offer you the available place.

## Certificates

Once a course is marked as held (bearing in mind a trainer has 10 days to return a register), certificates are immediately issued via email to the delegate email provided for this course.

## Cancellations

All cancellations must be made on CPD online

If you wish to supply additional information in support of your cancellation, then please email the relevant team.

## Training team availability

The training team will be available to speak to directly on Monday / Tuesday / Wednesday and Thursday 8.30am to 4pm by calling 01905 844 420. Any voicemails received outside of these days will be responded to accordingly based on date / time.

If we are not available, we highly recommend emailing [workforcesupport@worcschildrenfirst.org.uk](mailto:workforcesupport@worcschildrenfirst.org.uk). All emails will be responded to based on date / time of enquiry and will be dealt when the team is available.