



Risk factors

Risk factors and triggers can impact on the likelihood of someone developing mental health problems, based on their past experiences and current situation.



Genetics



Unemployment



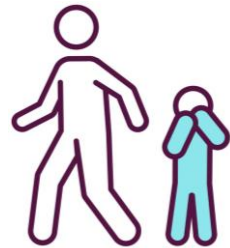
Violence



Racism



Sounds



Neglect



Illness



Stress



Bereavement