



Why someone might need help

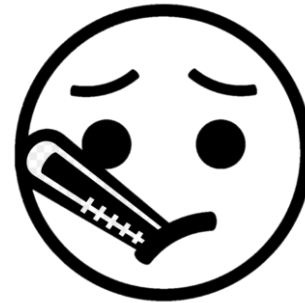
Here are a few common examples of why someone might need mealtime assistance.



Age



Disability



Illness



Feeding/drinking difficulties



Why someone might need help

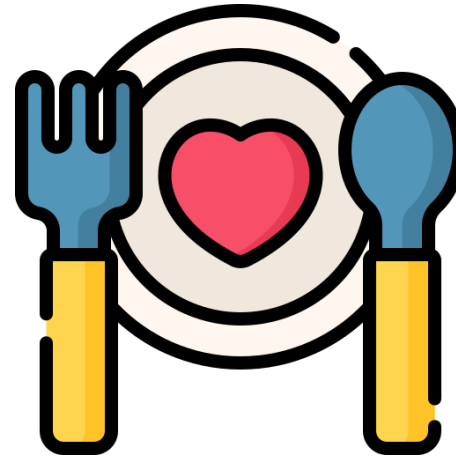
Here are a few common examples of how you can provide mealtime assistance.



Meal preparation



Encouragement



Assisting with eating



Companionship