



# Overcoming barriers

## Steps to overcome barriers



Physical disabilities  
Hearing problems or speech difficulties



Language differences  
Difference in language or unfamiliar accents



Jargon  
Use of overcomplicated, technical and medical terms

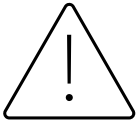


Difficult topics  
Some people may find it difficult to talk about certain topics, e.g. religion, politics, disabilities



# Overcoming barriers

## Steps to overcome barriers



### Lack of attention

If people are not paying attention to the person talking, they may not hear the whole conversation



### Cultural differences

Different cultures interact and communicate differently with one another



### Difference in views

People will have different views on a topic, but all are valued



### Stereotyping

People often hear what they expect to hear, which can lead them to jump to assumptions and stereotyping