



## Staying Healthy report Learning Disability Partnership Board

March

21st March 2023

Prepared by Rachel Barrett - co-chair.

The Staying Healthy group last met on  $26^{\text{th}}$  January.



Report

Health
Checkers
and Family
Carers

Health Checkers and Family Carers reported on their recent work and concerns.



A shared concern was how we can support people with learning disabilities to maintain healthy lifestyles.



This can become a problem when young people enter adulthood or when people leave their family home to become more independent.



Richard Keble agreed to talk with service providers across Herefordshire and Worcestershire to find out how this is delivered.



The group discussed physiotherapy services. We had been unable to get a representative from the Learning Disability physiotherapy service to attend.



Many people with learning disabilities have no access to physiotherapy services.



There are concerns about the quality of some of the equipment provided. They are often sent to individuals through the post with no prior measuring or assessment.

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The next meeting will be on 23<sup>rd</sup> March.