**Worcestershire Health service referrals**

**Please note**: For the most up to date referral information and referral criteria it is best to refer to the service’s own webpage.

| **Service** | **Who can refer** | **Comment** |
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| **ADHD pathway** – for children over 5.6 years of age | Referral to Community Paediatrics by any professional including school. | Assessment for possible Neuro-developmental conditions due to significant concern with attention, con­centration and /or hyperactivity. All questionnaires on the referral form must be completed. |
| **Autism Spectrum Disorder assessment pathway – Umbrella**  [Umbrella Service (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/umbrella-service-125/) | Referrals: from School, school nurse or GP, Complex Communication Needs (CCN) team, Educational Psychology (EP), Speech and Language Therapy (SALT), Occupational Therapy Team (OT*)* or CAMHS. | The referral form requires very detailed information and will require parents to complete a home form in partnership with the child/young person’s school/educational setting, or professionals working closely with the child over time on a regular basis. |
| **Community Paediatrics – (0-18 years)**  [Community Paediatric Team (hacw.nhs.uk)](https://www.hacw.nhs.uk/search/service/community-paediatric-team-18) | Referral: by any professional including school. | Specialist doctors who do clinical assessments for children and young people with long-term disability, developmental delay, and neurodevelopmental conditions. |
| **CAMHS CAST (Consultation, Advice, Supervision and Training)**  [CAMHS CAST (hacw.nhs.uk)](https://camhs.hacw.nhs.uk/cast) | Any professional can refer using referral form.  Parental consent required for consultations. | Mental health specific consultation, advice, supervision and training to school staff and other professionals working with the child or young person.  Consultation – A one-off meeting to enable professionals understand their responsibility in supporting the mental health needs of a referred child or young person.  Advice – Can be given on mental health issues that may be affecting groups of children or young people within a school or other setting.  Advice - Can be given about a child or young person anonymously, but CAST will not hold clinical responsibility or notes for them.  Supervision – Group supervision session/s for professionals to support their understanding of mental health difficulties in the children and young people they work with.  Training – Sessions available for staff groups around specific mental health issues.  On-line recorded sessions are also available to access. |
| **CAMHS – Reach for Wellbeing**  [CAMHS Reach4wellbeing (hacw.nhs.uk)](https://camhs.hacw.nhs.uk/reach4wellbeing) | Referral: Accepts both self-referrals and professional referrals.  NOTE: Because of the nature of the service Reach for Wellbeing does not accept referrals for children with ASD. | Online group programmes using cognitive behavioural therapy (CBT) principles and Dialectical Behaviour Therapy (DBT) principles.   * A six-week anxiety and low mood programme for young people who are in years 7 to 13. * A six-week anxiety programme for parents/carers to support emotional resilience of their children who are in reception to year 6. |
| **CAMHS - Wellbeing and Emotional Support Teams in Schools**  [CAMHS West (hacw.nhs.uk)](https://camhs.hacw.nhs.uk/west) | Referral: Only schools who have an education mental health practitioner attached to their school can refer directly. | Children and young people 5-18 years  Short term support delivered by education mental health practitioners (EMHPs) and senior practitioners, using cognitive behavioural therapy (CBT) methods to help with low mood, wellbeing, anxiety and behavioural difficulties. |
| **CAMHS: Integrated Services for Looked After Children (ISL)**  [CAMHS ISL (hacw.nhs.uk)](https://camhs.hacw.nhs.uk/isl) | Referral: only by social worker or CAMHS. | Mental health support for looked after children in Worcestershire. A looked after child is defined as a child who has been in the care of their local authority for more than 24 hrs. |
| **SPECIALIST CAMHS**  [CAMHS Specialist (hacw.nhs.uk)](https://camhs.hacw.nhs.uk/specialist) | Referral: by any professional. | Specialist CAMHS is a multi-disciplinary team made up of psychiatrists, nurses, social workers, psychologists all with specialist training of working in mental health with children and young people who have more complex or severe mental health difficulties. |
| **Continence Nurse**  [Continence Adult Service (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/continence-adult-service-79/) | Discuss referral with school nurse or paediatrician. | One paediatric continence nurse sits within the adult continence team. |
| Health Visitors (****children 0-5 years)**** [Worcestershire Health Visiting Service (startingwellworcs.nhs.uk)](https://www.startingwellworcs.nhs.uk/health-visitors) | Referral: Parent can phone directly. | Health Visitors provide a family focused service to ensure children and families have a positive start in life. They are community based to ensure the service continues to be accessible to all. Health Visitors will also provide support over the telephone. |
| **Paediatric Occupational Therapy and Specialist Play Nursery Nurses**  [Occupational Therapy Paediatric (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/occupational-therapy-paediatric-89/) | Referral: by any professional including school SENCO   * Children aged between 0-18 years that have a Worcestershire GP.   Children up to 19 years of age if they are in full-time education in a Worcestershire Special School | Paediatric Occupational Therapy enables children or young people to take part in daily life which is made up of many activities which they may be finding more difficult to participate in. These activities include self-care, being productive (going to nursery or school) and leisure activities like playtime. |
| **Paediatric Physiotherapy**  [Physiotherapy Paediatric (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/physiotherapy-paediatric-88/) | Referral: health professionals; Health Visitors, GPs and Consultants can refer children who meet the following criteria:   * Children aged between 0-18 years that have a Worcestershire GP. * Children up to 19 years of age if they are in full-time education in a Worcestershire Special School | Physiotherapists work with children who have neurological, developmental, and orthopaedic conditions who may also have complex long-term medical, social and learning needs. The focus is on maximising a child or young person's physical ability within their everyday activities at home, in education and in their community. |
| **School Health Nursing (children and young people aged 5-19)**  [School Health Nursing (startingwellworcs.nhs.uk)](https://www.startingwellworcs.nhs.uk/school-health-nursing) | Referral: Via GP or school or parent can phone directly  Young people (11-19 years) can self-refer via Chat Health service | They provide a wide range of services to meet the needs of children, young people and their families. These include (but are not limited to):   * [National Child Measurement Programme (NCMP)](https://www.gov.uk/government/collections/national-child-measurement-programme) * [School-aged Hearing Screening](https://www.startingwellworcs.nhs.uk/school-aged-hearing) * Home visits * Time4U drop in service * Health needs assessments   School Health Nurses can also signpost to other services   * Safeguarding and Children in Need - attending case conferences, core groups, other relevant meetings, undertaking health assessments. |
| **Speech and Language Therapy**  [Children’s SaLT (hacw.nhs.uk)](https://www.hacw.nhs.uk/childrensSLT) | Advice and referral can be made through their GP, Health Visitor, School Nurse or other professionals who may be involved with their child. Parents are also welcome to ring their local Speech and Language Team.  Schools, Nurseries and other childcare settings can also refer on parent's behalf with their consent. | * If a parent is concerned about their child's speech, language, communication or feeding/swallowing. **Children's centres**: Every centre has a named speech and language therapist, regular talking walk-in sessions and therapy groups * **Child development centres**: Speech and language therapists are part of the team * **Schools**: Every mainstream school has a named speech and language therapist who visits. |
| **Special School Nursing**  [Special School Nursing (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/special-school-nursing-120/) | All children attending a special school in Worcestershire are on the special school nursing caseload. Special school nurses are  available within Special Schools at varying times and the school will always have a contact number for their allocated Special School health nurse. | The Special School Nursing service supports the health care needs of children and young people attending Worcestershire Special Schools. |
| **Children’s Community Nursing and Palliative Care Team (Orchard)**  [Orchard Service North (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/orchard-service-north-12/)  [Orchard Service South (hacw.nhs.uk)](https://www.hacw.nhs.uk/services/service/orchard-service-south-10/) | Referral: Referrals are accepted from a variety of medical sources, including acute hospital settings, community Paediatrics and the wider multi-disciplinary team. | A multi-disciplinary team who provide holistic care to patients with a nursing need, this may be an acute illness or a long-term complex health need or palliative or end of life care. |

Prepared 20/4/22. Review date: 20/4/23.