

## Smoke free policy guidance

This information applies to Standard 6- Alcohol, Smoking and Substance Misuse

Smoking isn't allowed in any enclosed workplace, public building or on public transport in the UK. Businesses must:

- display 'no smoking' signs in all workplaces and vehicles - no smoking signs in Wales must be in both Welsh and English
- make sure people don't smoke in enclosed work premises or shared vehicles

Further information can be found here: <https://www.gov.uk/smoking-at-work-the-law>

A smoke free policy should be in place, explained to new employees during their induction and available to view easily by current employees. It should include how employees can report breaches of the policy. There should also be consideration of the use of E-cigarettes in the workplace-either in the policy or as a separate document.

### **E-cigarettes** (such as vaping)

The use of e-cigarettes in enclosed areas is not covered by the smokefree legislation.

The current evidence from Public Health England is that vaping is around 95% safer for users than smoking. There is no evidence of harm to bystanders from exposure to e-cigarette vapour and the risks to their health are likely to be extremely low. Further information including detailed guidance to help workplaces manage this issue can be found here

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/534586/PHE-advice-on-use-of-e-cigarettes-in-public-places-and-workplaces.PDF](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/534586/PHE-advice-on-use-of-e-cigarettes-in-public-places-and-workplaces.PDF)

In addition, consideration must be given to employees who have respiratory problems and may be more sensitive to environmental irritants.

ACAS has produced some guidance for employers on e-cigarettes:

<http://www.acas.org.uk/index.aspx?articleid=4900>

In Worcestershire, the following support is available for people wanting to stop smoking:

- The free Smokefree National Helpline (0300 123 1044)- speak to a trained, expert adviser.
- The Smokefree app- provides daily support and motivation. Search 'smokefree'
- The Facebook Smokefree online community- allows the sharing of tips and experience from other people stopping smoking. Find out more @NHSSmokefree.

To help with nicotine cravings, there are a number of stop smoking products including e-cigarettes, gum, patches etc. Most of these products are available at a local pharmacy or supermarket.

Please note the following stop smoking services are available in Worcestershire

WWW Level One: Smoke free policy guidance

## **Worcestershire pregnancy stop smoking services - Worcestershire Midwifery team**

- pregnant women and their household members
- face to face support with NRT products supplied
- service opening times: referrals: 24hours a day 7 days a week, office hours evenings and weekends variable
- home visits offered: yes

### **Contacts:**

- email: [wah-tr.smokingcessationteam@nhs.net](mailto:wah-tr.smokingcessationteam@nhs.net)
- Kidderminster: Heidi Hulbert, 07568 601709
- Redditch: Shelley Halford, 07568 601710
- Worcester: Liz Hammond, 07568 601711

## **Worcestershire stop smoking service for mothers (and others in the household) with a baby under 1 year old**

- Provide 1:1 support with a trained Smoking Cessation Advisor
- Provide point of contact for Nicotine Replacement Therapy (NRT)
- Provide joint family sessions if preferred

To refer a family email: [whcnhs.smokefreehomes@nhs.net](mailto:whcnhs.smokefreehomes@nhs.net)

Further information can be found here: [www.worcestershire.gov.uk/stopsmoking](http://www.worcestershire.gov.uk/stopsmoking)

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