

Make a Mocktail

SUNRISE MOCKTAIL

This easy sunrise mocktail is perfect for 1 or a crowd.

Course: Drinks

Keyword: sunrise mocktail

Prep Time: 3 minutes

Servings: 1



INGREDIENTS

- Alcohol-free sparkling wine or alternatives (see note 1)
- Orange juice
- 2.5 mls Grenadine

INSTRUCTIONS

- Add equal amounts orange juice and non-alcoholic sparkling wine (or alternative) to a champagne flute.
- Gently pour in the grenadine.
- Garnish with your choice of fruit and serve.

NOTES

Note 1: a citrus flavoured soda water, sugar free lemonade or diet ginger ale can be used in place of the non-alcoholic sparkling wine.

NUTRITION

Serving: 250g | Calories: 37kcal | Carbohydrates: 5g | Sodium: 1mg
g | Potassium: 1mg | Sugar: 4g | Calcium: 1mg

NUTRITIONAL VALUES ARE ESTIMATES ONLY AND DO NOT INCLUDE CARBS FROM SUGAR ALCOHOLS