



Families in Partnership (FiP) is Worcestershire's Parent Carer Forum. We are a group of parents and carers of children who work with the Local Authority, Education, Health and other providers to make sure the services they plan meet the needs of the children with additional needs and their families. We are experts by experience.

A word from our Chair....

"During these challenging and unprecedented times, I want to extend my wishes that you and your families are well and keeping safe. To ensure that you have the current and up to date information I have been working with Worcestershire's Children's First to ensure the [SEND Local Offer](#) has information that is relevant to you." Sally Keane

healthwatch
Worcestershire

HWW Covid-19 Survey

Help the NHS and Care Services

Tell us about your experiences during the Coronavirus outbreak.

Please complete our survey to share your feedback on information about Coronavirus and accessing health and social care services. With these services facing unprecedented challenges, it is vital that we get your views on what is working well, any issues and further information needed.

Your feedback really could help services to save lives.



The National Network of Parent Carer Forums is a network of over 150 Parent Carer Forums across England, of which Families in Partnership is proud to be a part.

National Network of Parent Carer Forums



Here2Help is a community action response to Coronavirus (COVID-19)

There will be many vulnerable people in our community who will have to self-isolate. This site will provide a central location for the vulnerable that are unable to seek help from family, friends and neighbours. You can request help, volunteer to help and find useful resources.

- if you have symptoms use the [NHS 111 online coronavirus service \(opens in a new window\)](#) to find out what to do
- if you need advice and guidance go to [Worcestershire County Council Coronavirus \(COVID-19\) \(opens in a new window\)](#)

Vulnerable and in need of help?

There are and will continue to be many people in our communities who will be self isolating at home due COVID-19. If you are vulnerable and need help during this difficult time and would like to be contacted by a helper or volunteer, please click [HERE](#) to complete a form.

Can you offer help?

We're already receiving kind offers of help and support from individuals, groups and businesses across Worcestershire. We would love to hear from you if you have any goods and services that you wish to donate. Please click [HERE](#).



Fun things to try with disabled children - Written by a parent of a disabled child.

Here are some tips and fun things to do with your child if they have a disability or additional needs. These tips are kindly provided by a parent for parents.

Texture book - Make a texture book using different textures like wallpaper, sandpaper, bubble wrap, washing scourers, foam washcloth etc.

Smell tour - Take a 'Smell tour' in different rooms and the garden

Foil play mat - Use a foil emergency blanket as a playmat. Great for sensory stimulation

Dance competition - Put on music and have a dance competition!

Dress yourself - Using either a large piece of card or lining paper, draw around each other to create life-size figures. Then cut up old clothes to dress your portraits up.

Sensory flour games - Mix cornflour and water together and it makes a great sensory play tool.

Also put flour into a plastic bag and seal it with some food colouring. As it gets squished round it will change colour.

Graffiti wall - Stick some blank paper on a wall and turn it into a 'graffiti wall'. You can also paint a wall with black board paint or put up a big white board for graffiti fun.

Home skittles – Use guttering to make a chute to play skittles.

Sensory tent - Kit out a play tent with everyday items such as old CDs, tinsel, fairy lights for a great sensory space.

Sensory indoor tray play - Use a plastic box filled with different things like dried beans, sand, shaving foam, even toothpaste for sensory play.

Matching pairs game - Use a digital camera to photograph and make your own matching pair cards, eg: your dog, your home, family.

Aromatherapy - Put on some relaxing music and have a home-made aromatherapy session. Dilute aromatherapy oils in a special carrier massage oil. Different people like different aromas so experiment a bit according to personal sensory needs.

Favourite memories scrapbook - Use a camcorder or camera phone and make a scrapbook to record special moments, that you can look at together at the end of the day.

Smelly socks game – Use old socks. Scent some cotton wool balls with different smells like tea, coffee, lemon, apple or tomato ketchup etc. When the cotton balls are dry, put them in the socks, tie them up with a ribbon, and play a game of 'Guess the smell'.