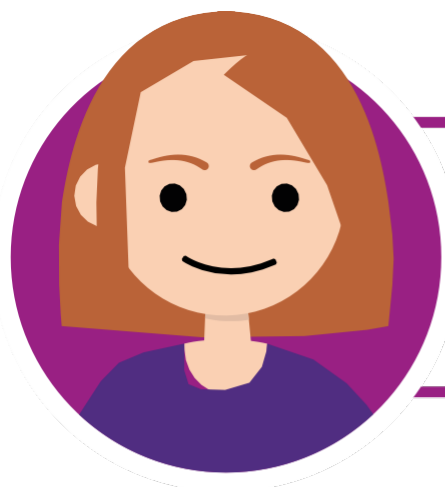


# Guidance on Self-isolation

**Mary is the first person in her household to develop a new, continuous cough or a fever.**



**Mary can return to work on Day 8 after she first developed her fever or cough and has not had a fever for two days.**



**Anyone else living with Mary must self-isolate for 14 days from the onset of her initial symptoms.**



**If Mary's other family members have no new continuous cough or fever during that 14 day period, they can return to work on Day 15 from Mary's first noticeable symptoms.**



**If another person in Mary's family develops symptoms, they can return to work on Day 8 after they first came down with their own symptoms if their health has improved and they have not had a fever for two days, or if a cough is the only persistent symptom they have on Day 8 (a post viral cough can hang around for several weeks in some cases).**

