





Your progress through life, learning and work is often referred to as a journey. Within that journey you will be making many decisions and each one will be a 3 step process. Sometimes you will need to work your way through all 3 steps. At other times you might be able to jump in part way through. Knowing where you are on the steps will help you to know what you need to do next.

#### The first step is likely to be:

#### **EXPLORING**

'I need to explore more. I just don't know who I might become and what opportunities are out there'

#### The next step is likely to be:

#### **ENCOUNTERING**

'I have some ideas but I'm still not sure. I'm ready to find out more about these ideas but I may well change my mind'.

#### And finally, you will be ready to:

#### **EMBARK**

'I have a plan but I'm not quite sure how to make it happen'

You are likely to revisit this cycle several times as you move on from school into further training or study and then onto work.

#### WHERE ARE YOU ON YOUR CAREERS JOURNEY AT THE MOMENT?

Wherever you are on your careers journey to your first job you will need to make decisions in the next few months about what to do next.

When thinking about your next transition, where are you in the cycle?

## **EXPLORING** THE TRANSITION TO YOUR NEXT STEP

'I need to explore more. I just don't know who I might become and what opportunities are out there'

#### **KNOW THIS!**

The better your self- awareness and where you are on this journey, the better able you will be to make good decisions.

You can still make wise decisions about your next step even if you don't know where your final destination might be.

It doesn't matter where you are on the journey.

Knowing where you are starting from will help you plan.

There's no such thing as a bad decision although some decisions might mean it takes you a bit longer to get to where you later decide you want to be.

#### TAKE A MOMENT TO REFLECT ON THESE QUESTIONS

What have I learnt about myself from my learning in school? What do I like (subjects/activities)? Why do I like it? What don't I like? Why not?
What do I know about myself from the things I choose to do outside of school (clubs, hobbies, interests)? What topics interest me? Which skills do I enjoy using? Which don't I like?

Are there issues which you feel passionate about?
How do I best like to learn?
What else could I do to help me develop my understanding of myself?
Who can I turn to for help with this?

## **STUDENT RESOURCES**

The following resources offer a range of information and resources to help you explore.

#### Self-awareness and jobs exploration

Buzz Quiz

Home - Your Game Plan

Careerpilot: Jobs

Unifrog (if it is available in your school)

Morrisby (if it is available in your school)

Barclays Wheel of Strength

What job would suit me? (Post 16)

**UCAS Careers Quiz** 

#### **Pathway choices**

Your career options after leaving school or college

Choices Booklet Post16

Choices Booklet Post18

Choices Booklet SEND

Webinar explaining Options

# YOUR NEXT STEP

'I have some ideas. I'm ready to find out more about my options'

If you are 16 years old you are required to remain in education or training. You could be doing this at your School Sixth Form or Sixth Form College or FE College or with an accredited Training Provider as part of an Apprenticeship or Traineeship or another accredited programme for 16 year olds.

If you are 18 years old your learning will never stop but you may continue with it in the workplace, in Higher Education (University), in Further Education, Training Provider or a combination or these.

#### TAKE A MOMENT TO REFLECT ON THESE QUESTIONS

How do I learn best?
In what kind of learning environment am I happiest?
What will the learning be like in all my different options?
What courses are on offer and where?

What can I do to find out more about my options?
What do I need to know?
Which of my options best helps me on my career journey?
Who or what can help me evaluate my different options?
Is there anything which is limiting my choices?

## STUDENT RESOURCES

The following resources offer a range of information and resources to help you explore.

#### Information on your options

Skills4Worcestershire Careers

Choices Booklet Post16

Choices Booklet Post18

**Choices Booklet SEND** 

National Careers Service

Webinar explaining Options

Other useful videos: <u>here</u> and <u>here</u>

#### **Open Days**

Killer Questions for Open Days

#### **Qualifications and Pathways**

Post 16/18 pathways

Post 16/18 supported SEND pathways

#### **Apprenticeships**

Why Apprenticeships?

Become an apprentice

#### **T** Levels

T Levels

#### **Higher Education**

Compare universities

Virtual Uni Tours



'I have a plan. How do I make it happen?'

You know what you want to do next.

What do you need to do to make it happen?

#### TAKE A MOMENT TO REFLECT ON THESE QUESTIONS

Where can I find more detailed information about my chosen pathway?
Who can I speak to give me more information?
What do I need to know?

What do I need to do next to make my plan happen?
How do I apply for a course or an apprenticeship or job?
Who can support me through this process?

## STUDENT RESOURCES

The following resources offer a range of information and resources to help you explore.

#### **Application Advice**

College

<u>Further education (Colleges and Sixth</u> Form)

School Sixth Form

Your school will have an application form. Ask your Head of Year for details.

**Apprenticeships** 

Applying for an apprenticeship

Become an apprentice

Traineeships, Study Programmes

Young Adult Learning

University

Applying to University

Jobs

Applying for a job

Entrepreneurism Starting a business

Careers exploration Prospects Careers

## **CAREERS CLINICS**

If you have finished school (aged 16-24) and are unsure of your next steps Worcestershire Apprenticeships and Careers hold a drop in advice clinic every summer. 10am-1pm. Dates for 2023

### **WORCESTER THE HIVE CAREERS YOUTH HUB**

27th June & 25th July

#### REDDITCH LIBRARY

18th July & 29th August

#### KIDDERMINSTER LIBRARY

8th August & 5th September

Appointments are also available at other times for one to one guidance sessions with experienced careers advisors. Scan the QR code to book an appointment.





If you would like any information, advice and guidance, contact Worcestershire Apprenticeships and Careers Worcs for free on 0300 666 3 666 or email careersworcs@worcestershire.gov.uk or info@worcestershireapprenticeships.org.uk

## **PARENT RESOURCES**

A parents' toolkit for career conversations

Career options support for parents and carers

**Choices Magazine - Parents 2021** 

**Careerpilot: Parent zone** 



