

March 2023

[Find out more](#) | [Follow us on Twitter](#) | [Follow us on LinkedIn](#)



Welcome to our March newsletter!

Welcome to our last Worcestershire Works Well newsletter! It has been a very busy time for the team looking ahead to the future of workplace wellbeing and please see below for a further update from Mel Whistance, Advanced Public Health Practitioner at Worcestershire County Council regarding the next steps.

In the last update we promoted the Workplace Health Stakeholder Event that took place on the 1st of March. The event was attended by a range of stakeholders and local businesses who shared their experiences and thoughts on workplace health that will help shape the new programme. It is proposed the programme will consist of a Workplace Wellbeing Network including access to a range of health and wellbeing resources, and targeted support for businesses based on key priorities.

The intention is for the new service to be operational in July. Further information will be shared when available, but in the meantime if you have any questions regarding your current accreditation or the revised programme, please contact mwhistance@worcestershire.gov.uk.

I wanted to take this opportunity to say a BIG thank you for all your hard work, commitment and dedication to workplace health and we hope you will join us on the next exciting phase of providing a workplace health programme that best supports local businesses to improve employee health and wellbeing.

Congratulations to our New Accredited Companies!

We accredited a number of organisations over the last few weeks since our last newsletter and are pleased to congratulate the following on their achievements.



Special Recognition Award - Worcestershire Acute Hospitals NHS Trust

We also had the great pleasure of announcing a special recognition award to Worcestershire Health and Care NHS Trust. The trust has been part of the Worcestershire Works Well network from the very early days. Over that time, they have attended just about every biannual event and have been generous in supporting other WWW businesses by sharing policies and approaches to help them to move forward with their own WWW journey. What was so impressive with Worcestershire Acute NHS Trust is that they have sought out, recognised and acted on numerous health and wellbeing needs and challenges for staff at a local level; linking corporate, clinical and cultural challenges. All involved in the WWW team felt that this hard work and dedication had to be acknowledged and hence we will be delivering a special plaque to commemorate this achievement to the Trust very soon.



WWW Webinar

This took place on 20 March and included a presentation from Jessica Wade, Public Health Practitioner, Worcestershire County Council, on the important topic of loneliness and isolation. Jess was able to share details of the Stay Connected Pledge with the group and are we pleased to include some additional information about this to those of you who were not able to attend the webinar.

We also had a very personal account from Jenny Wickett about her own challenges in the workplace and how opportunities were missed.

We would like to thank both Jess and Jenny for their valuable contribution; I know many of you were inspired by the presentations and will take things forward.

Suicide Prevention in the Workplace

Did you know that there is a cohort of free suicide prevention in the workplace sessions offered by Worcestershire County Council. There are some thought provoking statistics detailed in the flyer from Now We're Talking linked below.

To download the flyer click on this link [Suicide Prevention in the Workplace \(mcusercontent.com\)](https://mcusercontent.com)



On your Feet Britain – 27th April

Get your workplace and co-workers to take part in On Your Feet Britain. To find out more visit [On Your Feet Britain \(yo-yodesk.co.uk\)](https://yo-yodesk.co.uk)

National Walking Month - May

To find out more visit [National Walking Month | Living Streets](#)

Deaf Awareness Week – 1st – 7th May

This year's Deaf Awareness Week runs 01-07 May 2023 theme is "Access to Communication".

To find out more visit [Deaf Awareness Week 2023 - UK Council On Deafness \(ukcod.org\)](https://ukcod.org)

Mental Health Awareness Week – 15th -21st May

The theme for this campaign is "anxiety". To find out more visit [Mental Health Awareness Week 2023 | Mental Health Foundation](#)

Volunteers Week – 1st -7th June

This is a chance to recognise the fantastic contribution volunteers make to our communities and say thank you. It also provides an opportunity to encourage more to take up volunteering opportunities. Volunteering can provide a healthy boost to self-confidence, self-esteem, and life satisfaction. To find out more visit [What is Volunteers' Week? – Volunteers' Week \(volunteersweek.org\)](http://volunteersweek.org)

National Carers Week – 5th - 11th June

An important date in the calendar, particularly in light of the Carer's Bill which is currently going through parliament. You may also be interested in learning more and joining the Employer Friendly Carers Network where employers can share best practice and access a range of resources to further help with their support for working carers. To find out more visit [Carer Friendly Employer Network | Worcestershire Association of Carers \(carersworcs.org.uk\)](http://carersworcs.org.uk)

Bike Week – 5th - 11th June

This is the 100th bike week. 100 years on, the need for more people to cycle more often has never been greater. To find out more visit [Bike Week 100 | Cycling UK](http://cyclinguk.org)

Healthy Eating Week – 12th -16th June

Healthy Eating Week is all about supporting and promoting healthier lifestyles and there will be lots of different ways to get involved. To find out more visit [Healthy Eating Week - British Nutrition Foundation](http://nutritionfoundation.org.uk)

Men's Health Week – 12th -18th June

The iPhone was born in 2007. Those born in the same year will turn 16 this year. They've grown up with a high-performance computer in their pocket. What are the implications for men's health? That's the question The Men's Health Forum is going to be looking at for this year's Men's Health Week. To find out more visit [Men's health and the internet | Men's Health Forum \(menshealthforum.org.uk\)](http://menshealthforum.org.uk)

Armed Forces Day – 24th June

A chance to show support for those who make up the Armed Forces community. To find out more visit [Armed Forces Day - 24 June 2023](http://armedforcesday.org)



[Twitter LinkedIn Website](#)

Copyright © 2021 Herefordshire & Worcestershire Chamber of Commerce. All rights reserved.
You are receiving this email because you opted in via our website or via an account manager at the Chamber.

Our mailing address is:
Herefordshire & Worcestershire Chamber of Commerce
Warndon Bus., Severn House, Prescott Drive,
Worcester, Worcestershire WR4 9NE
United Kingdom