

October 2022

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Welcome to our October newsletter!

Last month, we had the pleasure of welcoming so many of our members to the Worcestershire Works Well Annual Conference. This year's event focused on the important topic of Men's Health and we heard from many speakers working in professional areas to support this important cause.

We would like to take this opportunity to thank the speakers, Jon Downes, Mark Billau, Kim Davies, Mary Symons, Phil Rudd, Carloyn Ball, Michelle Haywood, Sue Fitzmaurice and Sue Thomas, who so generously gave their time to share their wisdom, resources and research on the topic. You can read more about the speakers and their businesses later in this newsletter.

We are delighted to have awarded many more companies with their Level 1 Accreditation and welcome lots of new companies to the scheme!

As always, in this newsletter you will find details of upcoming health awareness days, case studies and news stories from other companies taking part in the scheme.

We would love to hear your stories and see your pictures, so please do send them to dawnh@hwchamber.co.uk

Congratulations to the winners of the Southco Award!

We were honoured to welcome Sue Fitzmaurice of Southco Manufacturing to our Annual Conference last month. Sue gave a fantastic talk and was also in attendance to crown the winners of the Special Achievement Award sponsored by Southco.

The Award was entered by many of our Worcestershire Works Well members. We would like to congratulate LG Harris, who were awarded a Highly Commended in this award!

We are delighted to share that the Award was presented to ISO Quality Services Ltd!

Congratulations!



Welcome to New Members!

We are delighted to welcome lots of new members to the accreditation scheme this month! We are looking forward to supporting you in your journeys and can't wait to hear all about the wonderful things you get up to in reaching your Level 1 Accreditation! Congratulations on your Level 1 Accreditation!



Annual Conference Brought Men's Health to the Forefront of Minds

On Thursday 29 September, Worcestershire Works Well held their annual conference at Avoncroft Museum, Bromsgrove. Attended by over 80 people, the event focused on the important topic of Men's Health. With 6 speakers all donating their time to share the vital work and resources to members of the scheme, focused workshops and opportunities for networking, everyone at the event had a brilliant time.

Speakers on the day included Jon Downes of [Glassfull](#), who talked about the Heart of Connection. Mark Billau of [Worcestershire County Council](#) was joined by Kim Davies of [Speller Metcalfe](#) as they discussed Suicide Prevention in the Workplace, and how resources such as the [Man MOT](#), produced by the Council can be used in practice. Mary Symons, Founder of the [Kidderminster and Worcestershire Prostate Cancer Support Group](#), was joined by Phil Rudd to share important information about prostate cancer.

Following a coffee break and opportunity to network, groups were supported by a Facilitator to offer feedback on the Worcestershire Works Well scheme which will be used to shape the future of the programme. An important presentation on male victims of domestic abuse from Carolyn Ball of [West Mercia Women's Aid](#) and Michelle Haywood, Male Domestic Abuse Worker, was given.

Sue Fitzmaurice of [Southco Manufacturing](#) joined the speakers roster to give a talk on their Men's Mental Health Campaign.

Sue Thomas of [Sue Thomas Wellbeing](#) gave an insight into the 'truth about sugar and how it affects your productivity in business every day'.

Sue Fitzmaurice returned to the stage to present the Southco Manufacturing Special Achievement Award to the winners – [ISO Quality Services Ltd](#)! [LG Harris](#) were awarded a Highly Commended!

The conference was also an excellent opportunity to recognise the business who had recently achieved their Level 1 Accreditation in the scheme. They were [Design in the Shires](#), [vietec Ltd](#) and [LG Harris](#).

A delicious lunch was served as everybody enjoyed further networking, sharing ideas and tips for achieving the WWW Accreditation!

Thank you to all who attended!

The Annual Conference is open to all members of the WWW scheme. Keep your eyes peeled for announcements of next year's conference!

Worcestershire Works Well at the HWExpo!



The Worcestershire Works Well team had an amazing day at the Herefordshire & Worcestershire Chamber of Commerce's Business Expo on Thursday 13 October at the Three Counties Showground!

Sharing our stand with Time To Change Worcestershire and the Herefordshire & Worcestershire Wellbeing and Recovery College, the Expo was a fantastic opportunity to meet up with many of our members and hear all about their experiences bringing wellbeing into the workplace.

We welcomed many visitors to the stand to plant some seeds and enjoy some healthy free fruit!

Home Learning Environment Campaign Launched



Better Health Start for Life and the Department for Education have launched a new campaign to encourage parents and carers to chat, play and read more with their children to develop their communication, language and literacy skills before starting school.

A range of resources are now available on the [Campaign Resource Centre](#) including:

- A4 and A3 Posters (full colour and black and white easy print)
- Digital Screens
- Social Media toolkit
- Campaign Communications Toolkit

Could you support this campaign through your workplace?



Health Awareness Days

to get involved with!

Go sober for October

[Go Sober for October - Go Sober 2022](#)

Breast Cancer Awareness Month

[Breast Cancer Awareness Month | Breast Cancer Now](#)

Wear It Pink

[About wear it pink | wear it pink](#)

Purple Tuesday

[Purple Tuesday](#)

Mouth Cancer Action Month

[Mouth Cancer Action Month | Mouth Cancer Foundation](#)

Movember

[Movember - Movember](#)

Pancreatic Cancer Awareness Month

[Pancreatic Cancer Awareness Month \(PCAM\) - Pancreatic Cancer UK](#)

Lung Cancer Awareness Month

[Lung cancer campaign | Cancer Research UK](#)



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