



Lift Training

Learning independence for travel



Lift Travel Training

A personalised travel training programme for young people and adults, enabling independent access to public transport services.



National Star

Realising the aspirations
of people with disabilities

Through our multi-award-winning **LiftTraining** programme, National Star works in partnership with Worcestershire County Council to empower disabled, disadvantaged and vulnerable people with the skills and confidence they need to independently travel to schools, colleges, employment, training and other locations.

LiftTraining Worcestershire is:

- FREE Independent Travel Training (ITT)
- For young people with support needs
- Living in Worcestershire
- Enabling independent access to education
- Working with all education providers

All LiftTraining programmes offer:

- 1:1 personalised Travel Trainer support
- Increased self-confidence and esteem
- Journey planning
- Road and personal safety skills
- Time and money management
- Emergency strategies
- An opportunity to work towards an Edexcel qualification



“LiftTraining has been so good for me and I don't think I would have been able to go to college if I had not done it.”

LiftTraining learner

For more information, contact the **LiftTraining Worcestershire** team:

Tel 07896 317492

Email lift-worcestershire@natstar.ac.uk

Web www.liftproject.org.uk



worcestershire
county council



National Star

Realising the aspirations
of people with disabilities