

Feedback form

From Bump to baby DVD – a guide to a healthy pregnancy and birth

1. Do you think you would find this DVD useful during pregnancy?
2. What did you like best?
3. Could we have done anything better?
4. Did the DVD give you a good idea of the kinds of services that are available at your local children's centre?
5. Did the DVD give you information on how to find your nearest children's centre?
6. After watching the DVD would you be more likely to use the services at your local children's centre?
7. Did the DVD give you useful information about healthy lifestyles during pregnancy?

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8. Do you feel more prepared for labour and birth having watched the DVD?

9. Do you feel that you now know more about different birth environments?

10. Did the DVD help you understand more about the importance of staying upright and active during labour?

11. After watching the DVD would you feel more confident to stay at home in the early stages of labour?

12. If you watched this DVD whilst pregnant, do you now feel more prepared for the early days at home with your new baby?

13. Did the DVD tell you about how to find breastfeeding information and support?

14. Would you recommend this DVD to a friend?