

Team Teach Programme

6 hour training

Introductions:

- Why we are here / What we aim to achieve/ Celebrating existing good practice
- Confidentiality / sensitivity
- Aims of Team-Teach
- The 95% (De-escalation non-verbal and verbal strategies)
- De-escalation – knowing all you can about your individual
- Definitions of Positive Handling
- Photo Share (Activity)

Personal space/ Body language

Breakaway techniques

Hair, Neck and bite responses

Punches and kick responses

Challenging Behaviour:

- Stress / Conflict Spiral (hand out)
- Six stages of crisis
- Behaviours that challenge and how we might handle them (Activity)
- Role play (clockwork mice) (Activity 'Good Practice')
- Pepsi challenge
- How feelings drive behaviour
- Help Script
- CALM

Risk Assessments

- Sharing positive handling plans / behaviour management plans (Activity)
- Incident reports
- Raising concerns

Listening skills

- Listening skills –modify to the needs of your child (Activity)
- Repairing and learning from difficulties
- Support for all

Gradual and graded holds - use of caring c's

The wrap, the wrap to chair

EMPHASIS ON RE-DIRECTING, DISTRACTING

6hr Team Teach quiz

Plenary and Evaluation

Tabletop Activity/ Charting a pathway forward? What issues of the training that need to be followed up and raised.

Presentation of Certificates