

Living for tomorrow

Challenge 1 - Getting Started

Congratulations!

You are now on your way towards living a more sustainable lifestyle - this pack is the first of a series that contain easy steps that you can take which will have positive benefits on your life, your health and your finances!

What will a sustainable lifestyle mean for me?

Save Money

Many sustainable lifestyle choices will save you money! Reducing your energy use, using the car less, it all adds up.

Warmer Home

Keep warm and toasty in the winter months – insulate your home to stop all that lovely heat escaping and reduce your energy bills.

Better Health

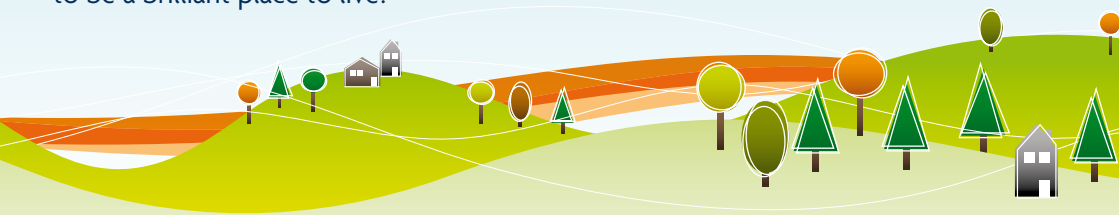
Walk or cycle short distances rather than using your car and you'll soon see the health benefits.

Great Food

There is fantastic food on your doorstep! Buy local and you'll see all the great produce that Worcestershire has to offer. Visit local shops and farmers markets, you might even feel inspired to grow your own.

A great place to live

By all doing our bit to protect the environment we live in Worcestershire will continue to be a brilliant place to live!



What next?

Use the enclosed leaflet to help you get started on Challenge 1. Then, request the packs you want from the list below by simply ticking the appropriate box and returning it to us using the address below:

- Challenge 2 - Waste**
- Challenge 3 - Travel**
- Challenge 4 - Energy**
- Challenge 5 - Leisure and gardening**
- Challenge 6 - Food and shopping**
- Challenge 7 - Water**
- Challenge 8 - Community – volunteering and community action**

Name:

Address:

Postcode:

Email:

I would/would not like to receive further 'Living for Tomorrow' tips and advice via email (delete as appropriate).

Data protection: The Data Controller of your personal data is Worcestershire County Council and the personal data you provide to us will be used only for administering this campaign.

Return to us at:

Freeport Plus RSGG-HSZK-HSGL, Sustainability Team, PEP
Worcestershire County Council, County Hall, Spetchley Road, Worcester, WR5 2NP

Each Challenge offers a range of easy actions you can take to improve your home and lifestyle and sources of further information and support.

The Challenges will be launched throughout the year, and will be sent to you as they become available. In the meantime, start your journey with some of the quick, easy actions in this Getting Started Pack!

This document can be made available in alternative formats (large print, audio tape, computer disk and Braille) on request from the Sustainability Team on telephone number 01905 822029 or by emailing sustainability@worcestershire.gov.uk

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Find out more online:
www.worcestershire.gov.uk/greendirectory