

Case Study – Redditch Family Support Worker

This referral came through Children's Services Social Care.

It was for a young mom who in the first five days of having her newborn son, she felt the urge to smother him.

Mom sought help from Children's Services who then made an assessment.

Following this assessment, Children's Services were happy with mom but decided to refer to the Children Centre team to offer mom extra support.

When I first visited mom had recently separated from her boyfriend. Although this was on good terms mom felt lonely.

Mom had regular visits during which she was encouraged to attend groups, offered advice on sleep routines and was signposted and supported to access other agencies such as the local colleges, Learn Direct and Care to Learn. The goal of this was to support mom back into education and for her son to attend a nursery when she did so.

Mom had a lot of support from family and friends but still felt she wanted the support I was able to give as it was advice and not someone telling her what to do.

Mom will attend college in September 2008 where she will study for her A levels.