

Children's Centre Support Worker

We received a referral from the Health Visitor for a mum who is a lone parent. Mum was in great need of respite nursery care and support services. Mum was exhausted. She has 3 children, a daughter who is at school and a son and daughter who are twins.

After discussion with the Children's Centre Manager and the daycare nursery it was agreed that the twins could be funded to attend the childcare setting two days a week for six weeks.

Mum was also concerned about her son's behaviour, especially at bedtime. Mum needed some 'own time' and also wanted to get back into work. After discussing it with Mum we decided that an eight-week course in IT with Jobcentre Plus would be ideal. It would provide the necessary skills for returning to work and also raise Mum's self-esteem and confidence.

We are looking into childcare possibilities to enable Mum to go back to work and linking with the Family Information Service. We are working together to tackle sleep routines and behaviour management. Mum is feeling more positive and is preparing herself so she is ready for work and her self-esteem and confidence have improved.