

Who is this course aimed at?

This course is aimed at those who are currently looking for work, having recently left training or employment.

What will I need?

No formal qualifications required to join.

Programme Aims

This course is designed to help you identify employment opportunities, ensure your CV is application-ready and prepare for selling yourself at interview.

What will I do?

By the end of the course, you will be able to do the following:

- Appreciate different types of work.
- Describe your strengths, skills, qualities and abilities.
- Explain how your strengths, skills, qualities and abilities are all transferable to different careers and activities.
- Identify sources of information, advice and guidance for career planning.
- Sell yourself to an employer.

How will I be taught?

Group lessons consisting of presentations, group discussions, role plays, pair work and individual activities. Some 1-2-1 support will also be available.

How will I be assessed?

Ongoing observation by the tutor, group discussions, quizzes, question and answer activities and written work collated into a portfolio.

What could I progress on to?

- Further job-specific training
- A work club for peer support with job seeking
- Employment, self employment or voluntary work

What equipment should I bring?

A notebook, a pen and your CV (if you have one)

Will I gain a qualification?

Yes. You will complete a National Open College Network portfolio for Level 1 certificates in Recognising Employment Opportunities and Personal Career Preparation.