

## **Gemma the giraffe food labelling pack** **Teachers' notes exercise 4**

**Aim:** Reinforce understanding of food labelling especially the name of the food and the ingredients list.

**Approx time:** 45 minutes

**You will need:**

*'Let's look at labels (teachers reference)*

*Label information cut out sheet. (Hand out)*

*Colouring in Labels (Hand out)*

*Gemma the Giraffe says....crossword*

*Crossword answer sheet*

**Method:**

- Hand out the "label information cut out sheet".
- Work through 'Let's look at Labels' worksheet and explain the different information that is needed on food labelling.
- Hand out the colouring in labels; the children then can cut out the information to stick on the label they have coloured if they wish.
- Alternatively the children can design their own label from scratch including all the legal requirements shown on their labelling fact sheet from exercise 1
- The children can either design a completely new product label incorporating all of the required information or design a label for the lolly or smoothie they made in exercise 3.

**Outcome:** reinforce understanding of food labelling information