



Gemma the giraffe says... lets make a smoothie

MAKE A SMOOTHIE

Make a simple product and write your own the ingredients list in the correct order.

Product: Fruit smoothie. (you can use any type of fruit)

True name:

Remember this has to describe the product - look at the PJ or Innocent label for help.

Brand name:

Make up your own brand name for your smoothie

Recipe

Ingredient	Weight	Order

Ingredients:

Method

1. Weigh the ingredients on a set of scales

You can use any mixture of fruit - but remember you want it to taste nice!

2. Write out the individual ingredients and weights in the table

3. Number the ingredients. The heaviest is 1, next heaviest 2 down to the lightest etc.

4. Make out the ingredients list in the correct format and order. Use the order you have written in your table number 1 first, 2 second etc

5. Blend and enjoy!

Try using milk or yoghurt as an ingredient with the fruit and runny honey as a sweetener.

Remember you will need to make sure the true name of your product is accurate.