

Gemma the giraffe food labelling pack Teachers' notes exercise 2

Aim: To explain the link between food source and final product.

Objective:

To ensure that children understand that some of the the food they eat come from plants.

To introduce a practical exercise to illustrate this fact eg produce juice by squeezing an orange.

To introduce additional vocabulary related to food and food sources

Approx Time: 45min

You will Need: *'What Do you know about oranges' (Teachers Reference)*

Gemma the Giraffe say... fill in the missing word

Gemma the Giraffe says... 'Juicing an Orange'

Oranges

Orange squeezers

Knife, juicers, beakers, kitchen towel ,bowl

Protective equipment (eg plastic covers for tables, aprons etc)

Gemma the Giraffe says... Taster Results sheet

Method:

Talk through "What do you know about Oranges" fact sheet.

There are pictures to assist with facts when discussing oranges.

The children can complete the Gemma the Giraffe says.... sheet on oranges.

Children can look at the whole oranges, feel them, discuss the texture and smell them.

The oranges need to be cut in half to be juiced.

Using the 'Gemma the Giraffe says....Juicing an Orange' allow the children to juice the oranges.

Once the juice has been obtained the children can taste the juice and fill out the 'Gemma the Giraffe say...Taster Results Sheet'.

Outcome: understand the link between source material and food

Introduce new equipment and skills

Introduce new vocabulary covering taste, smell etc